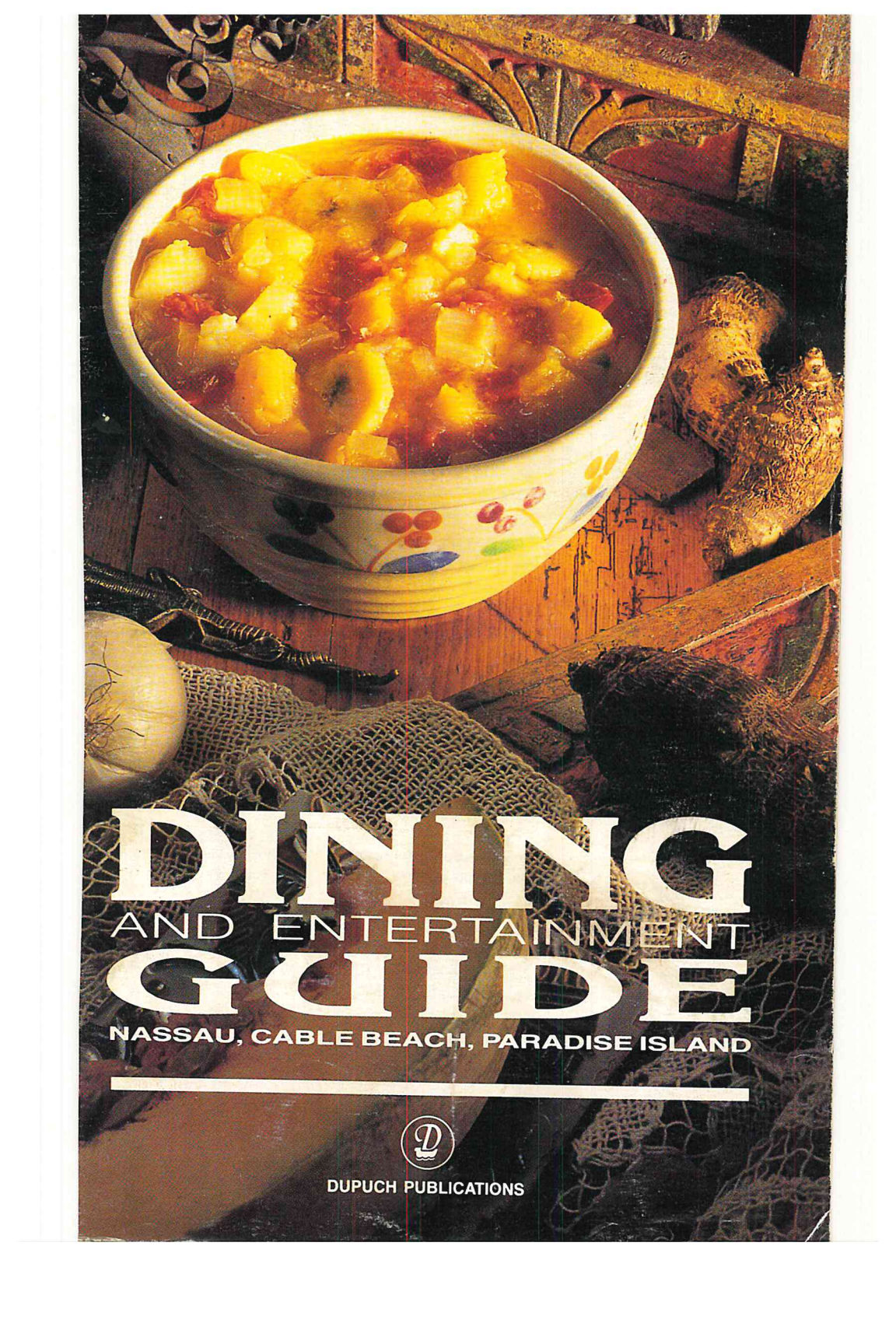


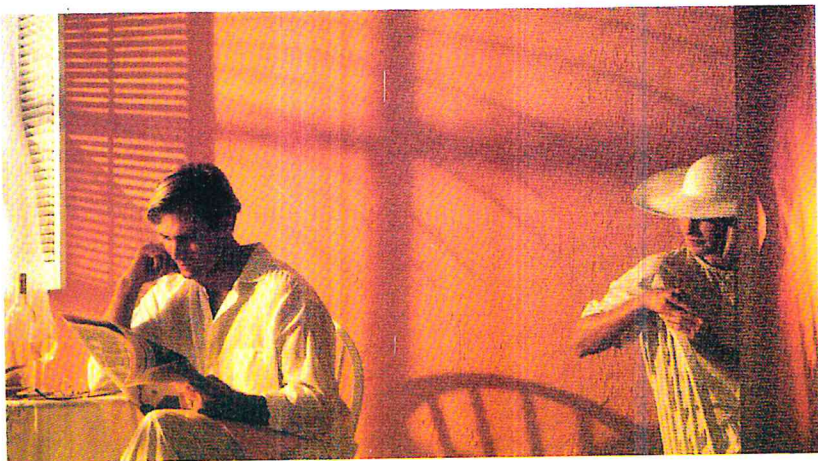
A bowl of yellow soup with dumplings and vegetables on a wooden table with various ingredients.

DINING AND ENTERTAINMENT GUIDE

NASSAU, CABLE BEACH, PARADISE ISLAND



DUPUCH PUBLICATIONS



A crimson sunset, romantic atmosphere and cool tropical breeze. One of the great pleasures of dining in the islands is lazily combing white powdery beaches and winding streets for that most alluring café.

And let the American Express® Card make this an unforgettable dining experience.

For Cardmember services, visit:

PLAYTOURS
(REPRESENTATIVE
OFFICE)
Shirley Street
Tel: 322-2931

POOP DECK
East Bay Street
Tel: 393-8175
Casual seafaring
atmosphere on the
Harbour.

SUN AND...

LakeView Road
Tel: 393-1205
Romantic ambiance and
superb cuisine.

COCONUTS/LE SHACK

Bay Street
Tel: 325-2148
Your choice indoor/
outdoor dining.

GRAYCLIFF

West Hill Street
Tel: 322-2796
Charming historical
home, award winning
cuisine.

TRAVELLERS REST

West Bay Street
Tel: 327-7633
Seaside dining featuring
Bahamian cuisine.

BUENA VISTA

Delancy Street
Tel: 322-2811
Old world setting with
International Cuisine.

EAST VILLA

East Bay Street
Tel: 393-3377
Chinese and
Continental
dining.

ROCK N' ROLL CAFE

Cable Beach
Tel: 327-7639
Casual American &
Bahamian dishes.

DEL PRADO

West Bay Street
Tel: 325-0324
Specializing in
nouvelle cuisine.

TONY ROMA'S
RESTAURANT

East Bay Street
Tel: 393-2077
Casual atmosphere
for ribs.



*Life Has Its Rewards.
With the Official Card of the Bahamas.*

*Membership
Has Its Privileges*





Fresh jacks are a seafood favourite.

DINING & ENTERTAINMENT GUIDE

NASSAU, CABLE BEACH, PARADISE ISLAND

JULY. — DEC. '92

Features

500 Years of 'Home Cooking'	5
Ackee Fruit Are Ripe	20
Guest Chef Simon Smith	24
Guest Chef Recipes	26
Dining Coast-to-Coast	30
Throw A Party Duty Free	37
Enjoy Endless Summers	44
Rhapsody In Chocolate	52
A Touch Of Glass	58
Wine Cellar	68

Dining

Nassau & Inland Dining	9
Cable Beach Dining	33
South, East & West Dining	48
Paradise Island Dining	55
Chart Your Course	60

Showtime & Entertainment

Nassau & Inland	64
Cable Beach	66
Paradise Island	72

Maps

Nassau & Inland	13
New Providence & Paradise Island	30
Cable Beach	35
South, East & West	49
Paradise Island	57

Copyright © 1992

Etienne Dupuch, Jr. Publications,
P.O. BOX N-7513, Oakes Field,
Nassau, The Bahamas.
Tel. (809) 323-5665

All rights reserved. No part of this magazine, whether editorial matter or advertising, may be reproduced or transmitted without written permission from the publisher. All graphic arts herein are included in this copyright.

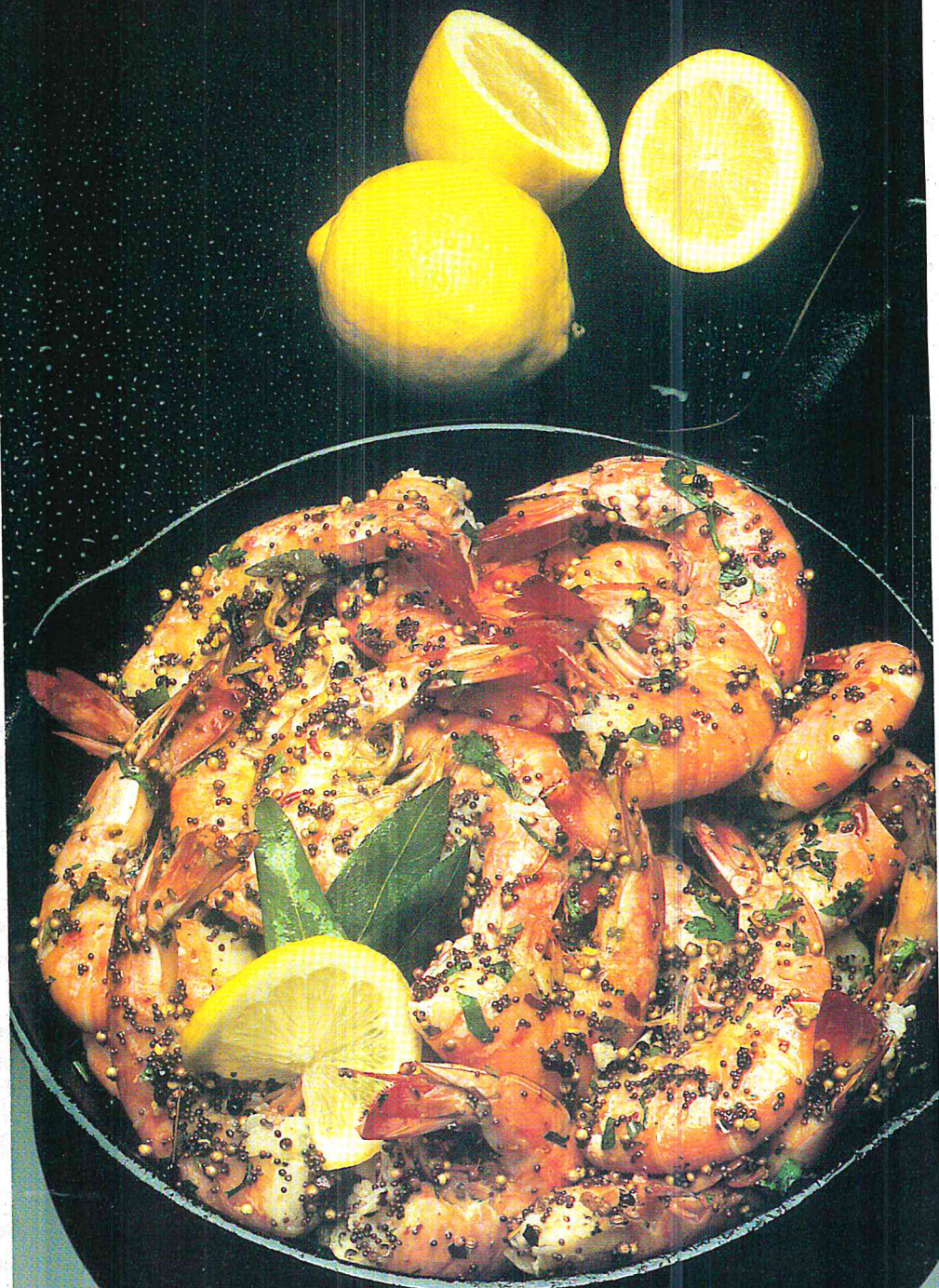
Prices and information in this magazine are subject to change.

Cover Photo by J.R. Brooks & Son, Inc.

On The Cover: The Basque dish Sancocho contains yucca, a staple of the Lucayan Indians' diet here centuries ago. Today this root is sold in many grocery stores and outdoor markets on New Providence Island.

PHOTO CREDITS: Carnival's Crystal Palace:

33, 34. Hans Dodthagen: 24. Graham Dupuch: 3, 5, 7, 9, 25, 38, 44, 48, 52, 55. Eduardo Jimenez: 20. J.R. Brooks & Son, Inc.: 37. Merv Griffin's Paradise Island Resort: 64, 72 (Bob Gelberg). Sandy Levy: 4.



Sautéed shrimp is a favourite in post-Columbus Bahamas.

Celebrate 500 Years of 'Home-Cooking'

1492 - 1992
Much Remains The Same

Food trends rarely last 500 years. In The Bahamas, however, island cuisine which impressed Christopher Columbus and his men in 1492 still tempts visitors here in 1992.

The Bahamas cuisine scene must have come as a welcome surprise to Columbus. The food "back home" was hard to swallow, literally. The diet of post-Dark Ages Europeans consisted of flavourless fare — most often rotten to boot.

One of the reasons for Columbus' trans-Atlantic journey was to discover a new route to the Orient and a ready supply of spices.

He landed instead on the Bahamian island of San Salvador, then called *Guanahani* by its inhabitants. The

Lucayans — Columbus' New World hosts — welcomed the explorers and shared what was to become another long-standing Bahamian trend: Hospitality.

Seafood Extravaganza

While scanning your lunch or dinner menu, try to imagine which foods Columbus would have been offered 50 decades ago.

Grouper, definitely. Lucayan "chefs" would not have prepared it

"amandine" or sautéed in lemon butter as do many of the finer restaurants located in Nassau and on Paradise Island.

He may have sampled shark, turtle, crab and crawfish. These are still delicacies in modern-day Bahamas.





SUN AND...

Lakeview Drive, Off East Shirley Street



For Reservations: Tel. 203-1205, 393-2644 or 327-2976
Jackets required. Master & VISA Cards Accepted.

Several Lucayan dishes, however, may now be seen in zoos and wildlife preserves rather than on a dinner plate. The iguana and flamingo, for example. While these were staples in the Lucayan diet, most people today wouldn't consider "doing dinner" with these creatures. The flamingo, incidentally, is The Bahamas' national bird.

The Versatile Conch

Then, there's the conch (pronounced konk). Columbus may have had his first taste of this ubiquitous Bahamian dish shortly after his arrival at *Guanahani*.

Today, nearly everyone who visits The Bahamas tries conch at least once. Spicy fritters, conch chowder, cracked and scorched conch, among others, are served in most restaurants.

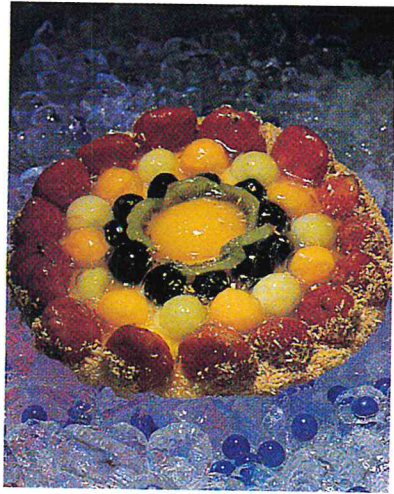
For a real treat, visit Potter's Cay behind the Produce Exchange, beneath the Paradise Island Bridge, and order a freshly made conch salad. For a small fee, a vendor will prepare a mixture of conch, lime juice, tomatoes, onions and fiery hot bird peppers.

Conch Goes International

Seafood lovers around the world are discovering conch. It was featured at the International Food Show, held in Toronto, Canada, in February of 1992.

Winfield Rolle, a native of the Bahamian island of Andros, introduced Canadian restaurateurs to the many ways of preparing this dish — he has about 50.

He also promoted conch as one of the latest health foods from the sea. It is low in cholesterol and



A tempting fruit torte is a popular sweet treat.

high in iron, he told delegates, making it a "number one choice among seafood lovers".

Lucayan Snack Food

Bahamians, as with many people, love snack food. What many may not realize is that a popular island "munchie" originated with the Lucayans.

Cassava, made from the root of the *yucaiba* plant, was a mainstay of the Lucayan diet. Today, it is available in The Bahamas in the form of a chip — resembling a small potato chip.

Don't forget dessert. Columbus may have finished off his New World feast with a variety of fruits, most of which are available today. Pineapples, for example, are a favourite with visitors and locals alike. And while Columbus may have tasted the tropical guava, he couldn't have imagined that it would become the Bahama dessert classic, guava duff.



There are other places to dine in Nassau.
Let the others dine there.



Le Café de Paris

The marriage of fresh native ingredients of the season
with the creativity of French cooking presents the discerning diner with
an exquisite array of choices. The result ...a menu of scope and originality.
Sample it amid the ambiance of Nassau's most elegant restaurant.



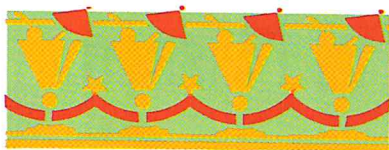
*The Hamak offers light snacks
and cocktails and stunning views
of the sea, sand and lush
tropical gardens.*

SUNDAY JAZZ BRUNCH

*Nassau's only Sunday Jazz
Brunch. Experience our
International approach to a soft
Jazz Brunch.*

Le **MERIDIEN** *Royal Bahamian*

Reservations 327-6400
West Bay Street, Cable Beach • P.O. Box N-10422



NASSAU & INLAND DINING

See Nassau Map on page 13 for locations keyed by number, **1**

Aquapure Water Ltd.

Bernard Rd.

☎ 393-1904/5

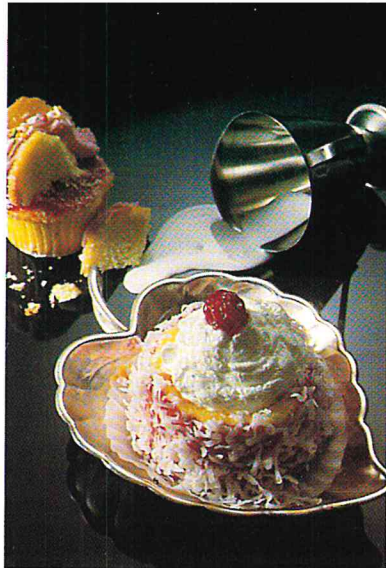
1 Aquapure is your best bet for the purest and freshest drinking water in The Bahamas. Available in 5 gallon, 1 gallon, 1.5 litre or 12 oz. six pack — ideal to carry on boats, to your hotel rooms or on the beach. For a unique souvenir item take home a six pack of Aquapure's Quincentennial Punch — the official Bahamas Chamber of Commerce Quincentennial soft drink. Purchase Aquapure products at grocery stores and service stations throughout the island. Ask for Aquapure water at your hotel or favourite restaurant. It's perfect for mixed drinks or all on its own. Quality products, quality service, quality people.

Buena Vista

Delancey St.

☎ 322-2811 or 322-4039

2 Featuring Continental cuisine with a large selection of fresh Bahamian seafood. Daily specialities are also offered. Buena Vista is housed in one of Nassau's historic homes. You may dine in one of its intimate dining rooms or on the garden patios. Dinner from 7 p.m. Live entertainment nightly. Rooms available for private parties. Reservations requested. Jackets suggested. Major credit cards accepted.



Indulge yourself with a sweet Bahamas' treat.

Café Montagu

Montagu Beach Inn & Restaurant

Village Rd. & E. Shirley St.

☎ 393-0475

3 Visit one of the latest and greatest restaurants in Nassau. Serving Chinese and Continental cuisine, Café Montagu has something to suit every taste. Enjoy a variety of soups, appetizers, delicious entrées and mouth-watering desserts in this casual, newly decorated setting.

Join us for Happy Hour from 5 to 7 p.m., Mon. to Fri. Serving lunch and dinner 7 days a week. Take out service available. Live entertainment Fri. and Sat. nights.

Captain Nemo's

Dockside Bar & Restaurant

Deveaux St. Dock off Bay St.

☎ 323-8426 or 323-8394

4 This waterfront restaurant is renowned for its seafood, and U.S. Prime Steaks. You will love the picturesque views of Nassau Harbour and its spectacular sunsets. An unforgettable atmosphere...

The conch fritters here are famous and at Happy Hour they're

You're invited to the biggest party in Nassau.

If you go for fun, we've got just the place to go. Carnival's Crystal Palace Resort and Casino in Nassau.

LET THE GOOD TIMES ROLL.

Enjoy the action of the biggest, most lavish casino in the Caribbean. With 750 loose slots, paying out \$400,000 daily.



Dine at one of our 20 unique restaurants and lounges. We have everything from continental dining by the seaside to casual lunches by the sea.

LET US ENTERTAIN YOU.

Enjoy a lavish musical revue at

our Palace Theater. Or dance till dawn at The Fanta-Z, our fantastic nightclub.



YOU CAN DO IT ALL.

We offer a wide variety of Olympic games, like potato sack relays and the grueling Cognac, Tuxedo and Flipper medley.

Head for our bi-level pool and winding waterslide. Or our 4,500-square-foot fitness center and health spa overlooking the ocean.

For reservations and information, call us today at 327-6200.

Whether you're looking for a fun party or quiet dinner, there's no better place than Crystal Palace.



 **Carnival's**
CRYSTAL PALACE

RESORT & CASINO, NASSAU, THE BAHAMAS.

Go for the fun!

free! Gather with friends and enjoy your favourite drinks at the dockside bar. Happy Hour 3 to 6 p.m. daily. Ask about their terrace/bar menu available from 3 to 6 p.m. Enjoy grouper, chicken or marinated steak on a stick served in a basket with fries. Dance to a great Calypso band Fri. and Sat. nights Open daily for lunch from 11 a.m. to 5 p.m.; dinner is served from 5 to 10:30 p.m. daily. Dress code: casually elegant. Major credit cards accepted. Reservations suggested.

5

Coconuts Home of Le Shack

East Bay St.
☎ 325-2148

Two waterfront restaurants serving the best in Bahamian seafood, steaks and burgers.

Coconuts is casual elegance at its best. Fresh seafood and prime cut steaks are prepared to your specifications. Enjoy pleasant conversation in our comfortable reception area — the colourful Bahamian decor reflects a slice of life here in the islands. Or, sit back and relax with an exotic tropical drink in our lounge. Open for dinner Tues. to Sun.; lunch Mon. to Fri.

Le Shack, on the wooden harbourside deck, has casual dining down to a science. Enjoy your favourite drinks, burgers, daily seafood specials, a Chicken Teriyaki to die for and so much more. Relax to the cool modern jazz sound of Pneuma, one of the most popular bands on the island. The band performs Wed. to Sat., 8 p.m. to 12 midnight and Sun., 7 to 11 p.m. Cover charge \$2. Serving lunch and dinner daily from 11 a.m. until. Happy Hour Mon. to Fri. from 5 to 7 p.m.

6

Debbie's Frozen Island Yogurt

Elizabeth Ave. off Bay St.
☎ 325-4167

Debbie's Frozen Island Yogurt specializes in a product that is different from most. We blend fresh frozen fruits (sapodilla, mango, soursop, banana, pineapple, strawberry, raspberry, coconut, melon, etc.) nuts, candies or cookies right into our non-fat, low calorie yogurt or ice-cream.

We serve Bahamian favourites such as conch fritters, chicken and turkey salad (platter or sandwiches), hot dogs, ham and cheese sandwiches, bread pudding, guava duff, coconut and pineapple tarts and many more — served with your favourite soft drink in a peaceful and cool atmosphere where we welcome your patronage. Open 8:30 a.m. to 6 p.m. Mon. to Sat. Free parking available.

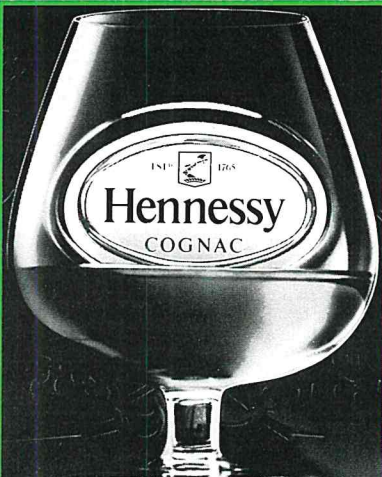
7

Double Dragon Chinese Restaurant

Bridge Plaza Commons
Mackey St.
(near Paradise Island Bridge)
☎ 393-5718

Your fortune cookie predicts authentic Chinese food and excellent value at Double Dragon. May we suggest a bowl of hot and sour soup to start? Perhaps, our Double Dragon Yaka Mein or Won Ton soups, meals in themselves. Chef specialties include Shrimp and Scallops, Honey Garlic

cont'd on pg. 14



**Wholesale
Wines &
Spirits Limited**

Nassau ----- **\$24.95**
New York --- **\$38.99**
Savings ----- 36%

DFS
DUTY FREE SHOP



PICK·A· DILLY AT THE PARLIAMENT



Restaurant • Inn • Daiquiri Bar

CREATE A MEMORY... GO BACK TO A GENTLER TIME...

Savour our seafood delicacies and enjoy leisurely
continental dining on our garden patio or
in our charming indoor dining area.

Serving Lunch and Dinner
Everyday except Sunday

Native Band every Wed., Fri., and Sat. Evenings

Tel. (809) 322-2836/7 • Fax. 326-7196
18 Parliament St., Nassau, The Bahamas

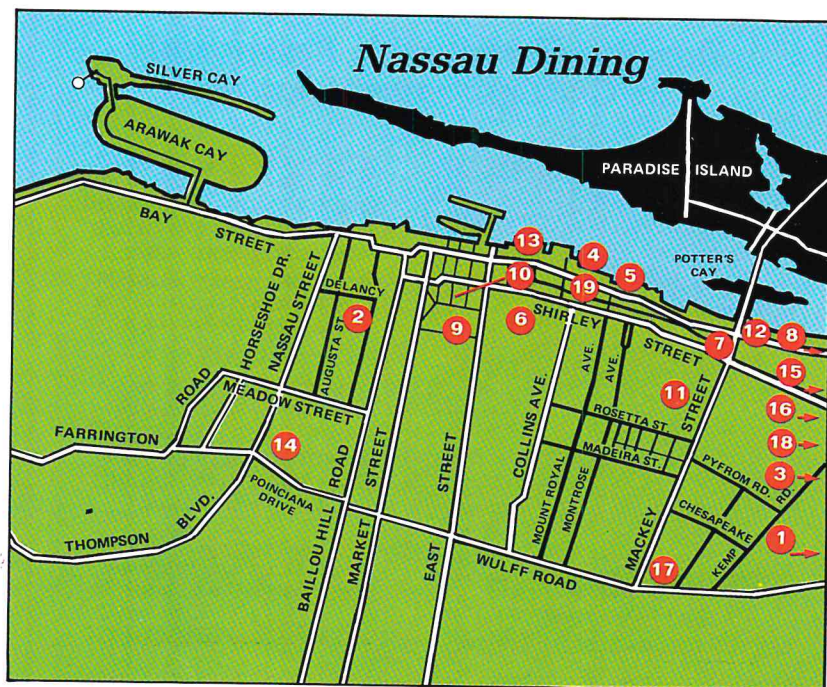
Nassau's Coffee Connection

For many people, the perfect ending to a perfect meal is a cup of coffee. In Nassau and around the world, coffee comes in many varieties. Several restaurants here, for example, can satisfy your craving for a frothy cappuccino (would you like cinnamon or chocolate sprinkles on that?), espresso or cafe au lait.

For those who prefer their java a shade stronger, there's Irish Coffee, Kahlua or Grand Marnier and coffee or Bahamian Coffee with Nassau Royale, to name a few. Iced coffee is also gaining in popularity.

As with most things, many Bahamians like their coffee sweet. North American visitors shouldn't be surprised if they are given condensed milk with their coffee. The waiter will be happy to provide milk or cream upon request. You'll also have no problem finding your favourite artificial sweetener. Most of the popular brand names are available here.

For a natural sweetener, island-style, try a drop or two of Bahamian-made honey. It's for sale in most grocery stores throughout The Bahamas.



Nassau Dining, cont'd from pg. 11

Chicken, and Hunan Beef. Ask about our special Dragon and Phoenix dishes. Finish off your meal with a dessert of lychees, kumquats and a variety of tropical fruit. All dishes are cooked to order. Dishes not on the menu are happily prepared. Open Mon. to Thurs. 12 noon to 10 p.m.; Fri. 12 noon to 11 p.m.; Sat. 4 to 11 p.m.; Sun. & Holidays 4 to 10 p.m. Eat in or take out. Major credit cards are accepted.

8 East Villa Restaurant
East Bay St.
(just west of Waterloo)
☎ 393-3377 or 393-3385

Enter through their exotic, tropical garden and experience authentic Chinese and Continental dining at its best. Appetizers include: the popular egg roll, shrimp tempura and conch fritters. Oriental entrées feature: from Canton Lobster and Hung Shew Walnut Chicken, to Hunan Beef and the impressive Imperial Seafood Nest and more. Why not top it all off with a refreshing

dessert...lychee and pineapple melba are favourites. Of course, there's also a wide selection of tropical drinks and fine wines. Open daily. Lunch (with a special luncheon menu) is served from 12 noon to 3 p.m.; dinner is from 6 p.m. until 12 midnight. Open Sat. and Sun. 12:30 p.m. to 12 midnight. Late supper available. Reservations suggested. Casual dress. Free valet parking. The perfect blend of impeccable service and quiet romance makes this restaurant a must. Major credit cards accepted.

9 The Green Shutters Pub
Parliament St.
(opp. the Royal Victoria Gardens)
☎ 325-5702

The atmosphere of an authentic, cosy English pub is reflected in their menu, which features steak and kidney pie, bangers and mash, steaks and delicious Bahamian seafood. And serving draft beer, of course! Open daily. Lunch 11:30 a.m. to 5 p.m.; dinner 6 to 11 p.m. Sun. 11 a.m. to 4 p.m. Major credit cards accepted.

Two New Harbourside Restaurants In One Convenient Location



TEL: 325-2148
East Bay Street,
only 1/4 mile west of P.I. bridge

COCONUTS

Savour the best in steak and seafood dishes served in a casually elegant setting.

COCKTAILS, LUNCH & DINNER
LUNCH FROM 12 NOON — 3 P.M.
DINNER FROM 5 — 11 P.M.

— PLUS —

LE SHACK

Be sure to visit Nassau's only informal outdoor Deck & Bar — home of the famous **Le Shack Burger**.

Open seven days a week
From 11 a.m. until 12 midnight
Happy Hour 5 — 7 p.m. Mon — Fri.

Live Entertainment

**10 Pick-A-Dilly
at The Parliament Inn**
18 Parliament St. (near Bay St.)
☎ 322-2836/7

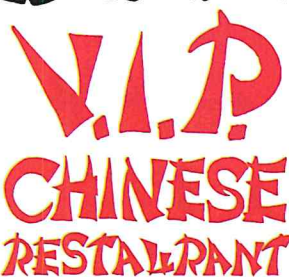
A charming island eatery with lots of yummy entrées and pick-of-the-market daily Dilly specials. Choose from authentic Bahamian delights or American treats. Menu includes everything from Pastas and Puds (puddings) to Beef and Burgers. Visit their Daiquiri Bar for delicious fruity tropical drinks. For a truly island experience, ask for gin and coconut water. Pop in and join them anytime for lunch, afternoon tea, dinner and drinks. Don't miss their fashion show on Wed. at 1:15 p.m. There's also live music and dancing every Wed., Fri. and Sat. nights from 8 p.m. to 1 a.m. Open daily (except Sun.) from 8 a.m. with dinner seatings until 9:30 p.m. See you soon!

11 Pizza Hut
The Plaza, Mackey St.
☎ 393-7291/2

Makin' it great! Delicious home-made pizza — pan or thin 'n' crispy crust. Also featuring pasta dishes served with garlic bread slices and Italian sandwiches. There's also an excellent salad bar. Open daily from 11 a.m. to 11 p.m. Call your order in for take out service. Visit their newest location on West Bay Street. Both locations now deliver to a limited area.

12 The Poop Deck
Nassau Yacht Haven Marina
East Bay St.
☎ 393-8175

Long the 'in' place among the locals, this wining and dining spot features superb Bahamian dishes and a breathtaking harbour view. Choose from a menu of Seafood delights, burgers and both Bahamian and Continental fare. Everything is prepared fresh when ordered. Favourites include Mother Mary's Grouper, Rosie's Chicken and Cracked Conch. For your imbibing pleasure, there is a classy wine list with the best selection of wines in Nassau and bar specialities. Remember to ask for Richard's Poop Deck Special. They also feature a variety of tasty desserts. Open daily for lunch and dinner from



**Nassau's Most Authentic
Chinese Restaurant.
Elegant Dining at an
Affordable Price.**



Daily Lunch Specials
11 a.m.-3 p.m.
Dine in or take out
Our Dinner Menu includes:

- V.I.P. Steak (served on a sizzling platter) • Hot Shredded Spice Beef • B.B.Q. Ribs
- Lobster Cantonese
- Green Pepper Steak

Just to name a few.
Desserts, Beverages & Full Bar

**Mon., Thur.,
11 a.m.-11 p.m.**
**Tues., Wed., Fri., Sat.,
11 a.m.-12 midnight**
Sun., 6 p.m.-11 p.m.

All Major Credit Cards Accepted
**Bay & Deveaux Sts.
P.O. Box N-4534
Tel: (809) 322-1599
Fax: (809) 322-6692**



12 noon to 10:30 p.m. The bar hours are from 11 a.m. to 12 midnight. Dress is casual. Major credit cards accepted.

**13 Prince George
Dockside Restaurant**
Upstairs, Prince George Plaza
Bay St.
☎ 322-5854

At the new Prince George Dockside Restaurant, you're sure to enjoy dining outdoors amid a colourful array of flowers and plants, plus a scenic view of the cruise ships and harbour. Indoor dining also available. Conveniently located right in the heart of downtown Nassau, just steps away from the cruise ships and a short ride from most hotels. The food is scrumptious, the atmosphere delightful and the service excellent. Savour International, Greek and Bahamian cuisine (with the largest variety of seafood). For lunch, try favourites like Fried Fillet of Grouper, Steak and Fried Conch. Or choose from a variety of burgers and pasta dishes. During the dinner hours, sample Broiled Stuffed Shrimp, Fried Seafood Platter, Chicken, Ribs or Fettuccine Alfredo. Full bar service available. Try one of their speciality drinks. Enjoy lunch and dinner from 11 a.m. to 11 p.m. Mon. to Sat. Live entertainment Fri. and Sat. Casual dress. Major credit cards accepted.

**14 The Shoal
Restaurant & Lounge**
Nassau St.
☎ 323-4400

The best Boiled Fish in all 700 of the Bahama Islands — that's The Shoal's claim to fame. "Boil' Fish" is a classic Island taste treat, the Bahamian answer to Bouillabaisse and a favourite of Islanders in the mood for a man-size, stick-to-the-ribs breakfast. Happy Hour from 4 to 7 p.m. daily. Open daily, including Sun. from 7 a.m. until 2 a.m. Comfort minus extravagance characterizes The Shoal, with its lounge and the best in wines, beer and liquors. Aside from sensational Boiled Fish, try the Stewed Fish, Fried Chicken, Cracked Conch, Stewed Conch and Lobster. Take out service available. Dress is casual. Major credit cards accepted.

**15 Shooters Bar
& Grill on the Water**
East Bay St.
(located at Waterloo Lodge)
☎ 393-1108

The fun spot to meet all your friends and enjoy the old and new sounds played from an original Wurlitzer jukebox. All your favourite bar drinks and tasty nibbles from the grill served 'til 2 a.m. Join the latest craze and sing your favourite song on their Karaoke machine. Happy Hour from 4 to 7 p.m. daily. Open daily from 11:30 a.m. 'til 4 a.m. See you there!

16 Sun And...
Lakeview Dr.,
off E. Shirley St.
☎ 393-1205 or 393-2644

Sun And... is a hidden treasure. You'll walk over a unique drawbridge, pass through an archway, walk into an enclosed garden and discover superb cuisine, impeccable service and European elegance in an intimate setting. Sun And... was once a private estate, built over 100 years ago. Specializing in French cuisine and seafood dishes, Chef Ronny prepares each meal to perfection. Savour Rack of Lamb, coated with fresh-ground bread crumbs and seasoned with garlic and parsley. For the grand finale, try their guava or Marnier soufflé. Home-made French bread is baked daily and is irresistible. Extensive wine list. Dinner is served from 6:30 to 10 p.m. Tues. to Sun. (Closed Aug. 1 to Oct. 1). Jackets and ties preferred, no casual attire (jeans, shorts, etc.). Reservations are necessary. Major credit cards accepted.

17 Sweetums
Mackey St.
☎ 393-3082

Decisions, decisions, decisions...At Sweetums, any choice you make is sure to be delicious. Choose from a wide assortment of freshly baked pastries, cakes, breads, muffins, cookies & croissants, to name a few. For a savoury treat there are sandwiches or chicken, beef and conch patties. Sweetums specializes in breads of all kinds, for all occasions, as well as personalized birthday cakes. There are even some



There's an easier way to carry the
sound of the islands back home.

AT&T USADirect® Service.
You'll be connected to an AT&T
Operator in the States within
seconds. Plus, you'll be charged
economical AT&T international
rates whether you use your *AT&T
Calling Card* or call collect.

To use *USADirect Service*
from any phone in the Bahamas,
simply dial **1 800 872 2881**. Or
look for specially marked *AT&T
USADirect* phones in the fol-
lowing convenient locations
throughout the island: Prince
George Dock, Freeport Dock.

In-room dial accessibility available
at the **British Colonial Beach
Resort, Carnival's Crystal
Palace Resort and Casino,
Comfort Suites Paradise
Island, Divi Bahamas Beach
Resort & Country Club, Nassau
Beach Hotel, Ocean Club
Golf and Tennis Resort, Pirate's
Cove Holiday Inn-Paradise
Island, Sunrise Beach Club
and Villas.**



AT&T



new treats for those of us watching our waistlines. Ask about their new low fat, low calorie line of freshly baked goods including cakes, cookies and pastries. Open 8 a.m. to 6 p.m, Mon. to Sat.

18 Tamarind Hill Restaurant & Music Bar

Village Rd.
☎ 393-1306

The colours, the motifs, the primitive Caribbean painting and the big tree mural present the most vibrant display of tropicana on the island. The artists who designed the new Tamarind Hill interior have extracted the real feel of the beautiful tucked-away restaurant by using the entire space as a canvas. It's the perfect expression of the breezy atmosphere where the food is excellent and inexpensive. Among starters you will find Seafood Crepe and Fried Calamari with Aioli. Entrée highlights include Grouper in Nut Crust, Chicken in Mango Glaze and Grilled Center Cut Pork Tenderloin. Tamarind has also developed an oven-roasted gourmet Vegetarian Pizza. There is also an array

of fine desserts. Happy Hour from 5 to 7:30 p.m. daily. Live guitar duo Wed., Fri. and Sat. nights. Open every day from 11 a.m. to 12 midnight. Dress is casual. Major credit cards accepted.

19 VIP Chinese Restaurant
Bay and Deveau Sts.

☎ 322-1599

One of Nassau's most authentic Chinese restaurants is waiting to serve you in elegant Oriental surroundings. The dinner menu includes a wide variety of Chinese favourites such as Mandarin Orange Duck, Lobster Cantonese and BBQ Ribs (for a down home approach to dining). Or, how about the classic Bahamian dish...conch...in a black bean sauce! Daily lunch specials are available from 11 a.m. to 3 p.m. and include choice of soup or egg roll and fried rice. Sample our desserts or enjoy a selection of cocktails from the full bar. Special, non-menu items are gladly prepared. Open Mon., Thurs., 11 a.m. to 11 p.m.; Tues, Wed., Fri. and Sat., 11 a.m. to midnight; Sun., 6 to 11 p.m. All major credit cards accepted. 



CAPTAIN NEMO'S

DOCKSIDE BAR-RESTAURANT

SEAFOOD * STEAK * ISLAND DISHES



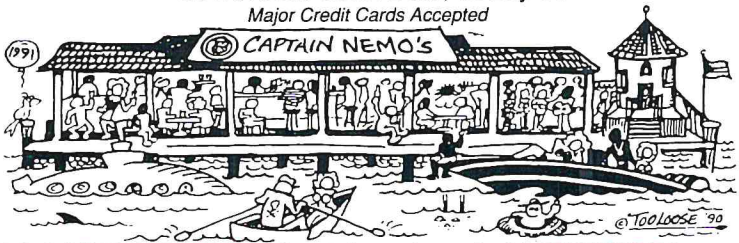
Dockside Bar open till midnight on weekends. Friday & Saturday nights **dance** to the Calypso sounds of our **Bahamian Band**.

Serving Lunch & Dinner 11a.m. to 10.30 p.m.

Reservations: 323-8394 or 323-8426

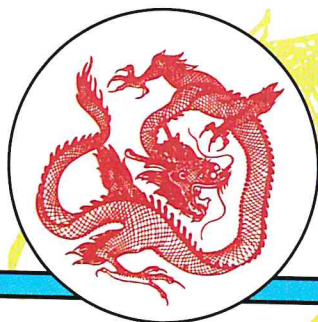
On Deveau Street Dock, off Bay St.

Major Credit Cards Accepted



© 1991

© TOOLDOOSE '90



苑 East Villa 東 Restaurant

Located on East Bay St., just west of Waterloo

WHERE EAST MEETS WEST

Chinese & Continental Dining At Its Best.

Enter through an exotic, tropical garden and
enjoy Chinese and Continental dining in an
elegant atmosphere.



Lunch 12 noon – 3 p.m. Dinner 6 p.m. until midnight.
Open Saturdays and Sundays 12:30 p.m. – 12 midnight.

• TAKE OUT SERVICE AVAILABLE • FULL BAR SERVICE
• RESERVATIONS SUGGESTED • CASUAL DRESS • FREE VALET PARKING

393-3385

393-3377

Ackee Fruits Are Ripe For The Pickin'

*An Exotic and Unusual
Island Treat*

A popular Bahamian song says when it comes to visiting The Bahamas, *Once Is Not Enough*. The same could be said for the mouth-watering fruit which grows here. Ackee is definitely one of the most exotic examples these islands have to offer.

This unusual fruit is indigenous to the Caribbean area. Nicknamed "vegetable brain", ackees grow on trees in pods the size of tangerines.

When ripe, the scarlet shell splits to expose a soft, cream-coloured flesh and three hard, shiny black seeds. Seen at a distance the ackee fruit vaguely resembles a stone crab's claw.

Many islanders love to savour the taste of ackee fresh off the tree, sprinkled with black pepper and salt. The mild flavour, much like that of a scrambled egg, can be addictive. One bite is sure to leave one wanting more!



Ackee is unique in both taste and appearance.

Ackees should only be eaten when the pod ripens and bursts open, exposing the cream-coloured flesh and three hard, black seeds. Even then, only the custardy flesh of the fruit is edible. Unripe ackees are poisonous and eating one can prove to be fatal.

Shooters

BY THE LAKE



"CASUAL"

Outside/Inside Dining

Open Daily 11 a.m. until for Lunch and Dinner

- Chicken Wings • Sandwiches • Burgers
- Fish-N-Chips • Steak Dinners
- and much much more!

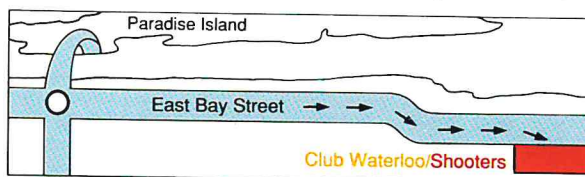
Happy Hour

Wednesdays and Fridays

All Drinks \$2.50 • Free Hors-d'oeuvres

Live music Tuesday thru Sunday 6 - 10 p.m.

For
Take-out
call:
393-1108



All
Shots
are
\$1.00

AMERICAN EXPRESS ACCEPTED

Home-cooked ackee and cod (salt) fish is as much a part of Bahamian cuisine as peas and rice. Many eateries prepare this authentic Bahamian dish. "Vegetable brain" is also delicious curried, baked, served with cheese or in a casserole.

Many islanders love to savour the mild taste of fresh ackee sprinkled with salt and pepper.

Canned ackee is available at many grocery stores throughout Nassau. It's as sweet as if it were picked right off the tree.

Ackee and Salt Fish

*12 ackees, fresh or canned**

½ lb. salt fish (cod)

2 medium onions, finely chopped

2 oz. cooking oil

1 small hot pepper, chopped

¼ tsp. thyme

6 bacon strips, crisp

1 tsp. black pepper

Method

1. Remove ackee seeds, membranes, and centres; boil for 20 minutes. Drain and keep warm.

2. Soak fish overnight. Drain; add fresh water. Remove skin and bones, flake fish with a fork. Set aside in warm dish.

3. Fry bacon and save fat. Add oil, heat and fry onion, add codfish, ackees, pepper and thyme.

4. Toss lightly, cover and allow to stand over low heat for 2 minutes. Serve hot, with bacon.

** If canned ackees are used omit step 1.*



Nassau's only authentic British pub offering draft beer and pub nosh. We feature steak & kidney pie, bangers & mash, lorry drivers, shepherds pie, hamburgers, steaks & fresh seafood. Darts, Cribbage & major sports events via satellite.

Lunch 11:30 a.m. – 5 p.m. • Dinner 6 – 11 p.m.

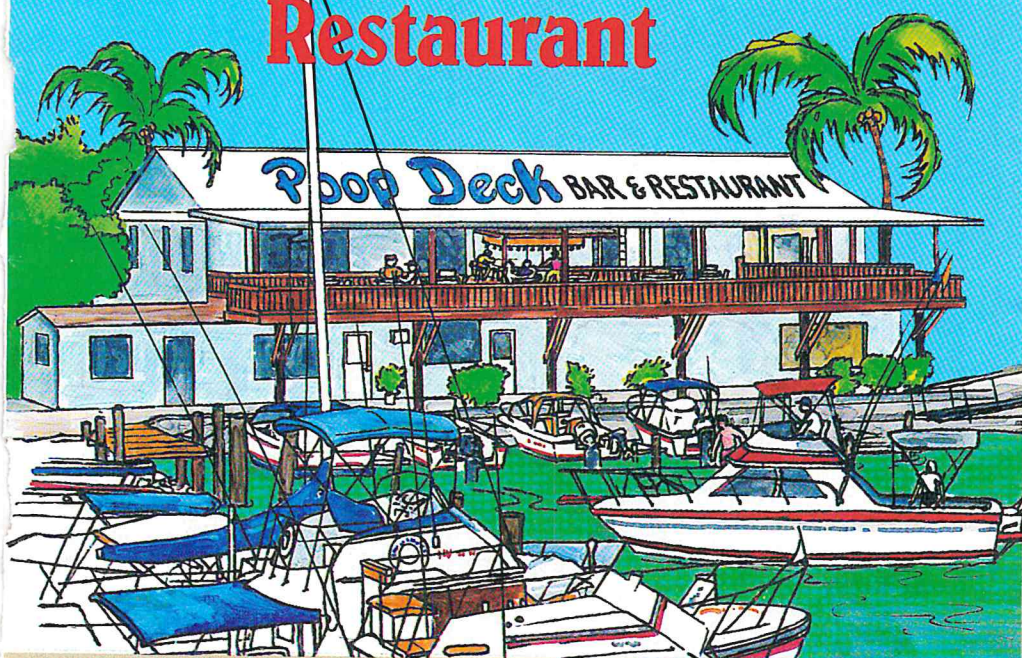
Pub 11 a.m. – 12 midnight • Sundays 11 a.m. – 4 p.m.

Tel: 325-5702, Fax: 325-7023

48 Parliament St., opp. the Royal Victoria Gardens
Nassau, The Bahamas

All major credit cards accepted. Fully air-conditioned.

The Bahamian classic Seafood Restaurant



ORIGINAL
WORLD
FAMOUS
The Doop
Deck
BAR & RESTAURANT

Specializing in:

- CONCH SALAD
- CONCH CHOWDER
- CRACKED CONCH
- GROUPER FINGERS
- ... TRY OUR WINES

Open 7 days • Lunch & Dinner, noon - 10:30 p.m.

• Bar 11:00 a.m. - midnight

Located on Nassau's beautiful harbour
at Nassau Yacht Haven Marina.

TEL: 393-8175

P.O. Box SS-5693

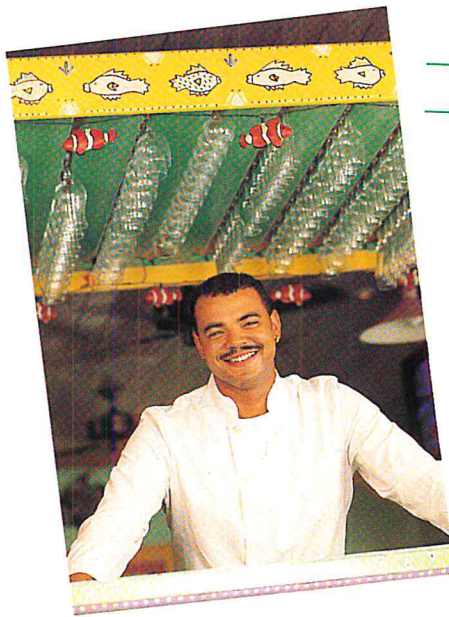


AND ALL MAJOR CREDIT CARDS ACCEPTED

Guest Chef



SIMON SMITH



M E N U

*Tamarind Hill...
Seafood Crêpe
with Saffron Cheese Sauce*

...

*Tamarind Hill...
Grilled Dolphin
with Tropical Fruit Salsa
and Tamarind Butter*

...

*Tamarind Hill...
Chocolate Terrine
with Mocha Sauce*

Enjoy good food, good friends and good times."

Simon J. Smith

P.S. My recipes are on page 26.

Guest Chef Recipes

Tamarind Hill...

SEAFOOD CRÊPE with SAFFRON CHEESE SAUCE

Ingredients:

2 oz. lobster
2 oz. scallops
2 oz. grouper filet
2 oz. butter
2 tsp. finely chopped onion
½ cup white wine
3 cups heavy cream
½ cup grated parmesan cheese
Juice of 2 limes
Salt and pepper to taste
3 tbsp. roux
1 small container of saffron

Method:

Poach the seafood in a saucepan filled with 2 pints seasoned water. Strain and reserve half the water. Heat butter in the same pan and sauté onions for 2-3 mins. Add wine, heavy cream, cheese, lime juice, salt, pepper and remaining seasoned water. Bring to a boil and add 3 tbsp. of roux (recipe follows). Remove 3 cups of cheese sauce from the pot and add saffron.

Add seafood to remaining cheese sauce and simmer for 2 mins.

To Serve:

Roll seafood in the crêpe and pour saffron cheese sauce on top.

ROUX

Ingredients:

¾ cup vegetable oil
2 cups flour

Method:

Heat oil in saucepan. Add flour and cook gently for 2 mins.

CRÊPE BATTER

Ingredients:

3 eggs
1 cup milk
½ cup heavy cream
¼ cup vegetable oil
½ tsp. sugar
1¼ cup flour

Method:

Combine the above and whisk thoroughly. Fry batter in crêpe pan until light brown on both sides.

GRILLED DOLPHIN

Method:

Grill dolphin 4 to 6 inches above the coals, turning once and brushing often with melted butter, until the fish tests done. Approx. 6-8 mins. for ¾-inch-thick dolphin steak.

To Serve:

Garnish dolphin with fruit salsa and tamarind butter.

TAMARIND BUTTER

Ingredients:

2 *tb*sp. *tamarind purée*

¼ *tb*sp. *sugar*

1 *tb*sp. *water*

½ *lb.* *butter*

Method:

Bring the purée, sugar and

water to a boil. Remove from heat and whip in butter.

TROPICAL FRUIT SALSA

Ingredients:

1 *tsp.* *finely chopped onion*

½ *tsp.* *each of green and sweet red pepper, finely chopped*

¼ *cup* *fresh mango, pineapple and papaya, diced*

Juice of 2 oranges

Salt and pepper to taste

Method:

Combine the above ingredients thoroughly and store in cool place.

CHOCOLATE TERRINE WITH MOCHA SAUCE

Terrine Ingredients:

6 *oz.* *dark chocolate*



TAMARIND HILL
• BAR & RESTAURANT •

VILLAGE ROAD

Open 7 days 11 a.m. – 12 midnight • Happy Hour 5 – 7:30 p.m. daily
Live guitar music Wed., Fri., Sat.

Present this ad and receive one free Rum Punch with dinner. (Offer expires Dec. 31st, 1992)

Tel.: 393-1306

THE SHOAL

Restaurant & Lounge



Elegance Minus Extravagance

Tel: 323-4400 or 326-7146.

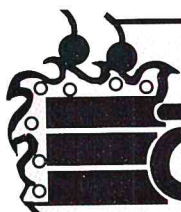
Nassau Street

Our Chefs are cooking
up the ultimate in
**Bahamian and
American cuisine.**

- The World's best Boiled Fish
- Cracked Conch
- Pea Soup & Dumplings
- Fried Chicken
- Seafoods
- Full Service Bar

Breakfast • Lunch
Dinner

Open daily from
7 a.m. – 2 a.m.



Sweetums

CAKES, PASTRIES, HOT PATTIES

Everything Baked Fresh Daily—Come Early.

TRY OUR NEW:

- Plantain Tarts
- Low fat, low calorie line of freshly baked goods – cakes, cookies, breads & pastries

SPECIALTY BREADS

- Whole Wheat, French, Coconut-Raisin, Raisin, & Home-made White Bread
- Dinner, Hamburger, Hot Dog & Ham Rolls

Specialty – Personalized Birthday Cakes

We also carry a full line of **danish, turnovers, croissants, donuts, twists, cookies, sandwiches, pudding & muffins.**

Open: Mon. – Sat. 8 a.m. – 6 p.m.

Tel: 393-3082

P.O. Box N-8816 • Mackey Street

3 cups heavy cream
 3 oz. sugar
 Zest (grated peel) of 1 orange
 ½ cup chopped walnuts
 1 shot orange liqueur

Method:

In a saucepan, bring to boil the chocolate, heavy cream, sugar and orange zest. Add chopped walnuts and liqueur. Pour into a 2 pint terrine and freeze. Leave in freezer until ready to serve.

MOCHA SAUCE

Ingredients:

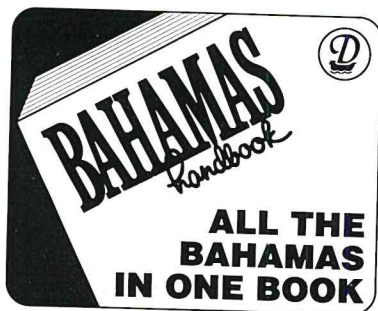
3 cups milk
 2 oz. sugar
 2½ tbsp. instant coffee
 1 cap vanilla essence
 1 oz. corn starch

Method:

In a saucepan, bring to a boil the milk, sugar, coffee and vanilla. Add slightly diluted corn starch and simmer for 2 mins. Cool to room temperature.

To Serve:

Pour mocha sauce over 1-inch-thick slice of chocolate terrine.



All dishes are cooked to order. If your favourite dish is not on the menu please ask. We will happily prepare it for you.

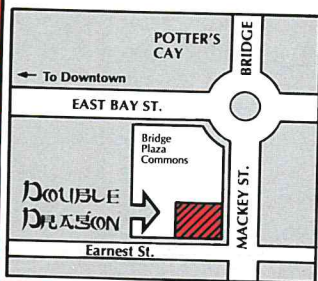
Open:

Mon. – Thurs. 12 noon to 10 p.m.
 Fri. 12 noon to 11 p.m.
 Sat. 4 – 11 p.m.
 Sun. & Holidays 4 – 10 p.m.

MAJOR CREDIT CARDS ACCEPTED

Bridge Plaza Commons
 at the Foot of the
 Paradise Island Bridge

Tel. 393-5718



New Providence & Paradise Island

New Providence Island:
21 x 7 miles
Highest Point: 123 ft.
Distance from
New York: 1,014 miles



Dining Coast-to-Coast

This map is your guide to some of the finest restaurants in the world. From coast to coast, unique island cooking and delectable international cuisine is being served up with style on New Providence and Paradise Island.

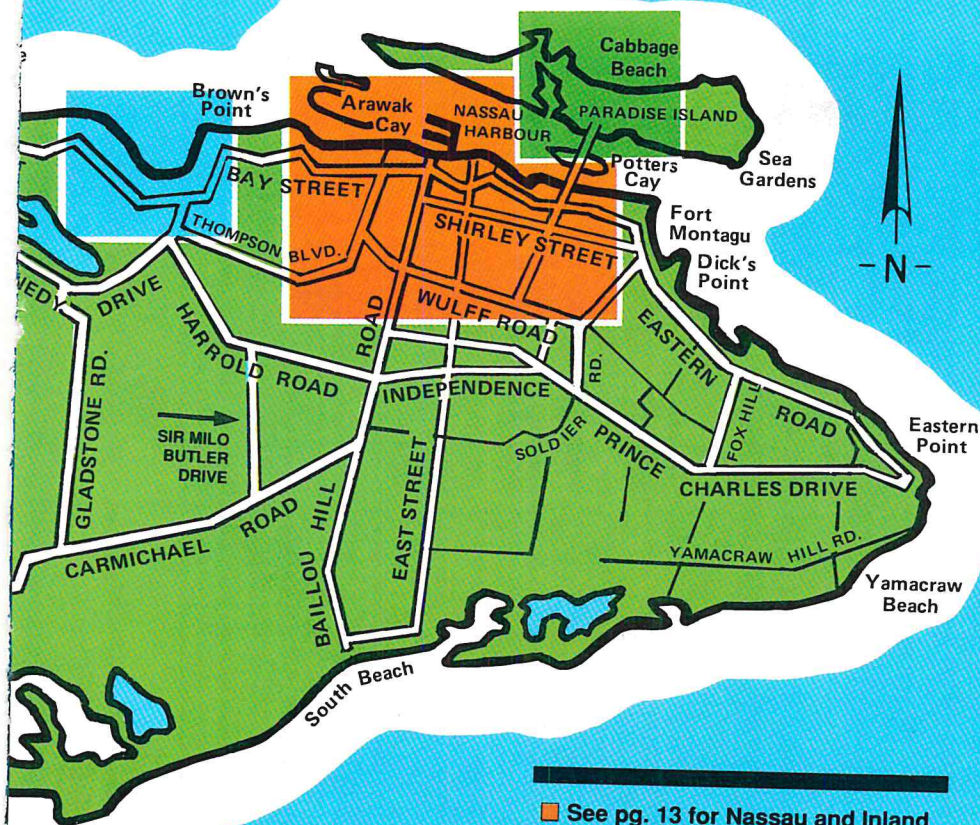
In fact, this tropical cuisine capital is best described as a *Moveable Feast*. East, west, north and south...there's something to suit every taste and budget. Whether you're 'Out West', along the Cable Beach strip (The Bahamian Riviera), stopping for a nosh at Coral World, checking out Nassau's East End, downtown, or on Paradise

Island, you won't be disappointed.

Many Bahamians start the day off with boiled fish, grits and johnnycake. This typical island breakfast is available at many restaurants throughout the island.

If you have a hunch that you'd like to "do brunch" you're in luck...top hotels here feature sensational brunch menus which include a mouth-watering array of seafood, tropical fruit and more.

Now, how about some lunch? Most restaurants feature the quintessential Bahamian dish — conch — prepared in a variety of ways. Choose from conch chowder, conch fritters, cracked conch,



- See pg. 13 for Nassau and Inland blow-up map.
- See pg. 35 for Cable Beach blow-up map.
- See pg. 49 for South, East & West.
- See pg. 57 for Paradise Island blow-up map.

scorched conch, conch salad, conch burgers and on and on and on.

Dinner in The Bahamas is an unforgettable experience. Choose from an array of fresh seafood such as snapper, grouper, lobster, stone crab or shrimp. Peas 'n rice, a Bahamian classic, goes with everything! Would you like an ocean view? Of course, right this way...Or, perhaps you would enjoy dining near a tropical garden or a miniature waterfall? No problem. Now for dessert! Guava duff is an island speciality. Fresh fruit such as sumptuous Eleuthera pineapples or locally grown sugar bananas are

also the perfect ending to any meal. Many of our pastry chefs have been trained in the finest of kitchens of Europe. They are waiting to tempt you with the likes of mousse au chocolate or creme caramel. While we don't expect you to sing for your supper, several restaurants here provide entertainment before, during and after your meal. From the glitter of Vegas-style shows to strolling guitarists and live Jazz...we have it all.

For good food,
good times +
rock n roll!



Tel: 327-7639

Happy Hour: 4 – 7 p.m. daily

Open: Mon. – Sun., 12 noon – 2 a.m.

Frilsham House, Cable Beach, Just east of Forte Nassau Beach Hotel



CABLE BEACH DINING

See Cable Beach map on page 35 for locations keyed by number, **1**

1 Cabana Bar & Grill

West Bay St.

Owned and operated by our family to suit your family. You'll enjoy this casual, "children-friendly" atmosphere. The menu is down-to-earth (as are the prices) and includes finger foods and deli sandwiches. Why not start off with Sweet & Spicy Chicken wings, Conch Fritters or Cracked Conch? Or, how about Bahamian specialties such as Chicken or Pigs Feet Souse (pronounced sowse)? Ask about our daily specials. Our fruity tropical drinks will soothe your "spirits". Try a Cabana Sunset, Café Cabana or a Cabana Cocktail. On weekends be sure to try our fresh conch salad. Happy Hour on Fri. 5 to 7 p.m. Open daily 11 a.m. to 12 midnight.

Carnival's Crystal Palace

Resort & Casino

Cable Beach

☎ 327-6200 Ext. 6861

A world of culinary delights awaits you at this elegant resort. Each of the resort's restaurants is designed with its own distinctive *ambiance*.

Sole Mare with beautiful waterfront views features gourmet Italian cuisine at its best.

Or visit **Oriental Palace** for din-



Satisfy your sweet tooth at Carnival's Crystal Palace.

ners fit for an emperor.

Le Grille features tasty steaks cooked right at your table.

Seaside Buffet serves buffet-style breakfast, lunch and dinner in a relaxed, tropical waterfront setting.

Enjoy a wide variety of tasty selections at the **Crystal Cay Café**, our Bahamian Bistro.

Try **Goombay Mama** for authentic Bahamian specialties such as conch salad or Bahamian barbecue ribs.

Sample a variety of scrumptious pastries and delectable ice cream in countless flavours at **Crystal Sweets**.

Le Meridien Royal Bahamian

West Bay St.

3 ☎ 327-6400

Savour International cuisine with a Bahamian flair. Enjoy French gourmet delights at **Le Café de Paris**. Open daily for breakfast and dinner. Breakfast is served on the terrace until 10:30 a.m.; dinner is from 6:30 to 10:30 p.m. Be sure to join us for Nassau's only Sunday Jazz Brunch. By far the best and most formidable jazz brunch you will ever attend. Experience a meticulously prepared 40 foot long buffet of superb and exquisite specialties

including: smoked salmon, prawns, cold cuts, an array of salads, omelettes, carved roast and sinfully delightful dessert selections. Accompanied by a free glass of Champagne Mimosa. Brunch from 11:30 a.m. to 3 p.m. Reservations suggested.

For lunch, dine at **The Hamak** overlooking the sea. Lunch is served daily from 11 am. to 5 p.m. Open until 6 p.m. for drinks. Light meals served from 6:30 to 8:30 p.m.

Enjoy a relaxing evening in the **Balmoral Bar**. Open daily from 5 p.m. to 12 midnight. Major credit cards accepted.

Pizza Hut

Cable Beach

☎ 327-7293/6

Makin' it great! Delicious home-made pizza, spaghetti, Italian sandwiches and an excellent salad bar. Full take out service. Call ahead and have your order ready. Delivery in limited area now available. Major credit cards accepted.

Rock n Roll Café

Cable Beach

(2 blocks east of the Crystal Palace)

☎ 327-7639

For good music, good food and good times, visit the Rock n Roll Café. Featuring a menu to suit any appetite, from finger foods and appetizers to hearty entrées with a gourmet flair. Set in the famous Frilsham House, the Rock n Roll Café is adorned from wall to wall with music memorabilia for a nostalgic look at rock n roll. Their Happy Hour is from 4 to 7 p.m. daily. For the bold and daring, there's the house speciality drink, "Rock n Roll Over", that's certain to knock you off your socks. Ask about their daily specials from the bar and kitchen. Major credit cards accepted.

Skyline Café & Deli

West Bay St. and Skyline Dr.

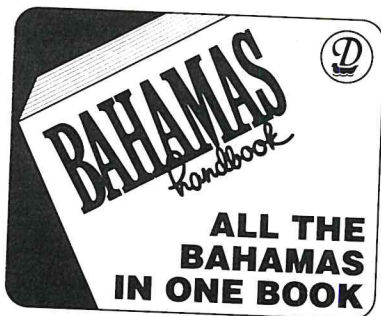
☎ 327-6936

Don't "deli", come straight over to this unique café conveniently located on Cable Beach. Scrumptious, made-to-order sandwiches can't be beat. Choose

Whether it's steak or seafood, Bahama chefs present only the best.



from the varied menu selection or create your own with cold cuts ranging from pastrami to prosciutto. Our array of imported cheeses is un"brie"lievable! Or, unwind and enjoy a hot meal...specials are posted daily. What better way to top things off than with Nassau's most authentic espresso and cappuccino? Skyline Café also offers a myriad of gourmet items such as pastas, smoked salmon, coffees, olive oils, coffees and chocolates. Dine in or take out from 8:30 a.m. to 8 p.m., Mon. to Sat. Major credit cards accepted. 



SKYLINE CAFÉ & Deli

**FINE INTERNATIONAL FOODS
DISTRIBUTING & CATERING**

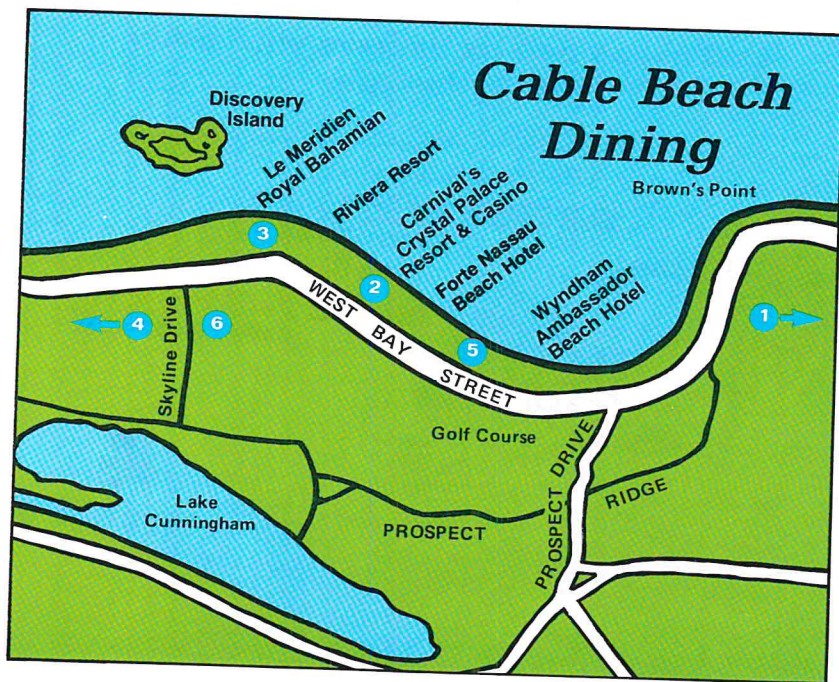
- Fully Stocked Deli
- Partytrays to suit all your catering needs
- Gourmet Food Items

The store stocks such specialty products as:

Balsamic Vinegar • Gourmet Bean Coffee •
Espresso Coffee • Olive Oils • De Ceco
Pasta • Specialty Cheeses and Cold-Cuts
• Croissants, Muffins and Danish •
French Bread (Baguette) • Fresh Pate •
Prosciutto Di Parma • Fancy Chocolates

Tel: (809) 327-6936

P.O. Box N-7980 • Skyline Dr. • Cable Beach
Nassau • The Bahamas



Pizza Hut®

Makin' it great!®

**Also featuring delicious Salad Bar
Spaghetti and Italian Sandwiches**

Open daily:
11 a.m. to 11 p.m.

Full take-away/Delivery service available

**Call ahead and let us have your order
ready for you.**

Two Convenient Locations:

The Plaza on Mackey St.

Tel: 393-7291/2

Delivery: 393-0784

Cable Beach Shopping Centre

Tel: 327-7293/6

Delivery: 327-5228



Throw a Party Duty Free

*Save On Liquor,
Crystal And More*

Memories...that's what remain when a Bahama vacation fades into the sunset and becomes history.

Sooner or later — probably sooner — you'll want to recall the thrill of it all...sparkling seas... secluded coves...exotic seascapes ...surfing and sailing...snorkelling ...throbbing nightclubs...dancing into the "whee" hours...moonlight on the beach.

How about toasting these good times past with duty-free drinks served in duty-free crystal set on a duty-free linen tablecloth, purchased in Nassau.

You'll drink to that? Great!

For a truly Bahamian treat, stock up on duty-free rum flavoured with tropical coconut, pineapple or banana nectars.

Then there's Campari. It hails from Italy but boasts a special ingredient — cascarilla — imported from the Bahama Family Islands. Mix Campari with grapefruit juice and it becomes a "Bahamian Delight".



*Tropical fruit drinks taste better
made with duty-free liquor.*

As for the china and crystal for your duty-free table setting, buy it here and save 20 to 40 per cent off U.S. prices.

Now that we have used the words "duty free" seven times on the preceding page, let us explain the term. The Bahamas Government charges duty and stamp tax on most items coming into The Bahamas. Early this year, however, they removed the duty on a number of tourist items: binoculars and telescopes, china, crystal, fine jewellery, leather, crocheted linens and tablecloths, perfumes, photographic accessories, watches and clocks. Bahama merchants have passed the savings on these duty-free goods to the customer.

Visitors need not pay their own country's customs duty, upon returning home, if they adhere to the limits provided.

An American may bring home goods valued at up to \$600 without paying U.S. duty on them, provided he has been out of the country for 48 hours. Purchases over this amount are subject to a flat 10 per cent U.S. duty. This applies to the next \$1,000 worth of

goods purchased.

An American family of four could take back goods worth \$2,400 — \$600 each — before having to pay the 10 per cent for the next \$1,000, per person, worth of merchandise purchased.

An American must be at least 21 years of age in order to bring 2 litres (67.6 ounces) of alcohol into the U.S., duty free. One litre must be of Caribbean Basin Initiative (CBI) manufacture, such as Bacardi Rum and Nassau Royale.

For Canadians, the limit in duty-free liquor is 40 ounces (provided they are out of the country for seven days) and may be in one or more separate bottles. Canadians who take home liquor purchased in The Bahamas must comply with age requirements of the Canadian province or territory through which they enter Canada.

The bottom line to all this duty-free cheerful news is, quite simply:

CHEERS!



Sun And... Restaurant offers crab, sweetbreads and truffles.



BAHAMA BARGAINS!

GREAT VALUES ON FOOD,
DRINKS AND MORE!

COME AND ENJOY THE DINING THAT
MADE PARADISE ISLAND FAMOUS!
Present this coupon at the restaurant
reservations desk, adjacent to Paradise
Island Casino, and receive \$10 off
dinner at your choice of 9 gourmet and
specialty restaurants.

\$10 OFF
TASTE OF PARADISE
DINING PLAN

WIN! WIN! WIN!

Enter our Grand Prize drawing and you could win a sensational
6-day/5-night vacation for two at Paradise Island Resort & Casino!
The Grand Prize features a luxurious suite—plus admission for two
to Le Cabaret Theatre's Las Vegas-style supershow, \$20 in match
play coupons, and dinner for two at Cafe Martinique, hailed as the
finest French restaurant in the Islands. Other fabulous prizes will
be awarded in daily drawings!

2 FOR 1
ADMISSION
"STAR STRUCK"

Be thrilled by a multi-million
dollar Las Vegas-style revue
at Le Cabaret Theatre, in
the Paradise Island Casino.
Beautiful showgirls, stunning
costumes and top-name enter-
tainers will really dazzle you.

MERV GRIFFIN'S
Paradise Island
B A H A M A S

For reservations at any of the following 12 gourmet and specialty
restaurants, please call 363-2222: Cafe Martinique • Gulfstream • Courtyard
Terrace • Bahamian Club • Villa d'Este • The Grill Room • Seagrapes Buffet • Spices • The
Boathouse • Coyaba • Paradise Pavilion • Dinner show at Le Cabaret Theatre.

FUN. FRIENDLY. FABULOUS.

Coupon is good for one person, at any of the following: Gulfstream • Villa d'Este
• The Grill Room • Seagrapes Buffet • The Boathouse • Coyaba • Spices
• Paradise Pavilion at Paradise Paradise • Dinner Show at the
multi-million dollar Las Vegas-style revue, "Star Struck", at Le Cabaret
Theatre. Two-night minimum required. Based on \$33 per person, per night
price. Good through 12/25/92. Reservations required: Call 363-2222.



Entry forms available at the Casino Guest Services Desk,
Paradise Island Casino. Entries must be received at the
Desk no later than 12/25/92. Grand Prize drawing to be
held 1/2/93. Winners will be notified by mail.

D & E



Selected shows only: Monday and Friday, 11:00 p.m.
Two-drink minimum. Gratuity not included. Please present
coupon upon arrival. Good through 12/25/92.
Reservations required: Call 363-2222.

D & E



D & E

There's No Better Place To Play.

BAHAMA BARGAINS!

GREAT VALUES ON FOOD,
DRINKS AND MORE!

Double your pleasure in our
Gallery Bar: Receive two drinks
for the price of one (one time
only). Located next to Paradise
Island Casino.

2 FOR 1
DRINK
GALLERY BAR

2 FOR 1
DRINK
SUNSET BAR & GRILL

Drop by any time to savor our
casual tropical atmosphere
and two drinks for the price of
one (one time only). Stay to
celebrate the most spectacular
sunset in the Western
Hemisphere. Adjacent to
Paradise Pavilion.

FREE CARAFE OF WINE

Enjoy our house wine with dinner at either Gulfstream Restaurant
(in Paradise Towers) or Spices (adjacent to Britannia Towers).
Choose from fresh Bahamian and imported seafood served in both
original and classic styles.

MERV GRIFFIN'S
Paradise Island
B A H A M A S

For reservations at any of the following 12 gourmet and specialty restaurants,
please call 363-2222: Cafe Martinique • Gulfstream • Courtyard Terrace • Bahamian Club
• Villa d'Este • The Grill Room • Seagrapes Buffet • Spices • The Boathouse • Coyaba • Paradise
Pavilion • Dinner show at Le Cabaret Theatre.

FUN. FRIENDLY. FABULOUS.

One per person. Gratuity not included.
Please present coupon prior to ordering. Good through 12/25/92.



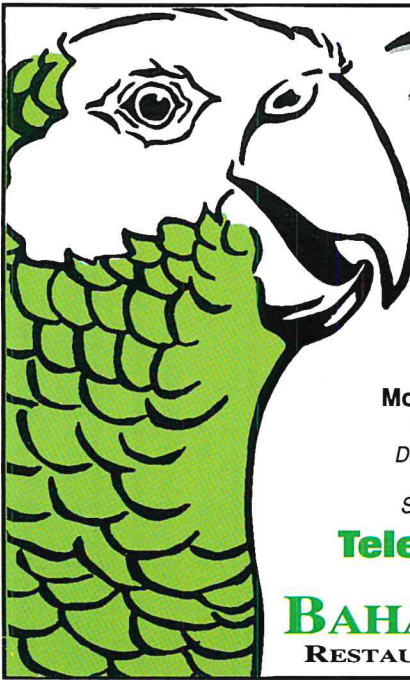
One per person. Gratuity not included.
Please present coupon prior to ordering. Good through 12/25/92.



One per couple. Please present coupon prior to ordering.
Good through 12/25/92. Reservations required: Call 363-2222.



There's No Better Place To Play.



**BREAKFAST,
LUNCH & DINNER**
served by the sea

Sunday Buffet Bar-B-Cue
Brunch **\$10.95**

OPEN DAILY
Mon. – Fri. 9 a.m. – 12 Midnight
Sat. – Sun. 9 a.m. – 1 a.m.

*Delicious Grouper and Conch Dishes
Native Boiled Dishes: Chicken,
Sheep Tongue & Pig's Feet Souses*

Telephone: 362-1456
Major Credit Cards Accepted.

BAHAMIAN PARROT
RESTAURANT & CABANA LOUNGE

Café Montagu

Chinese, Continental & Bahamian Cuisine

Authentic Cantonese House Specials
Full Bar Service

Open 7 days for lunch & dinner
Happy Hour 5 – 7 p.m. Mon. – Fri.

Live entertainment on weekends

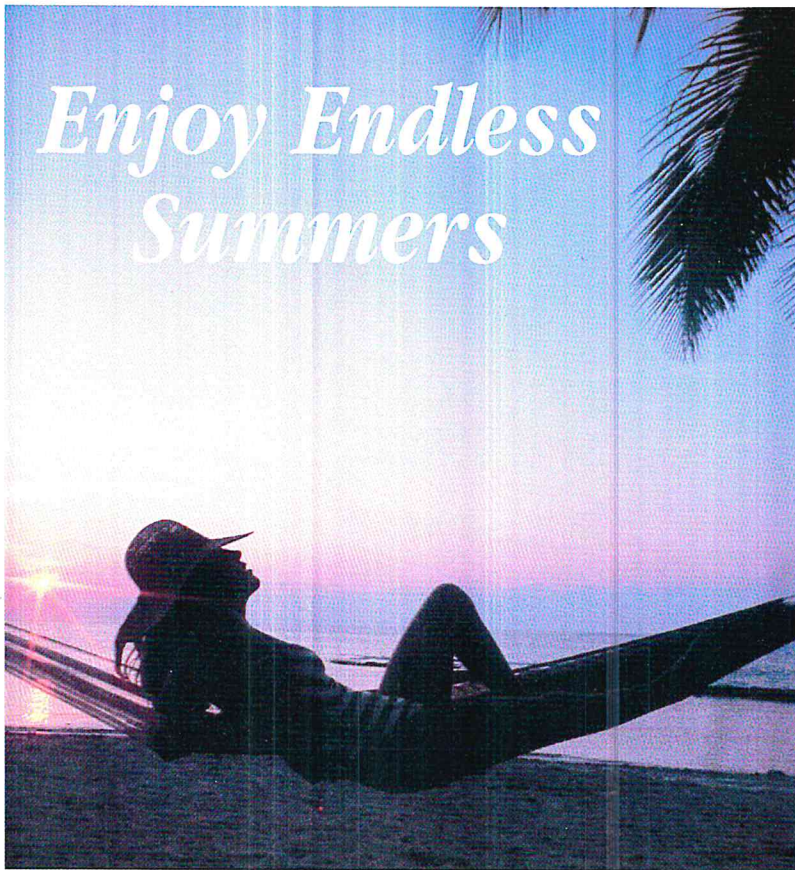
Tel: 393-0475
Fax: 393-6061

at



Corner of Village Rd. & E. Shirley St.
Take-out Service

Enjoy Endless Summers



Would you rather retire 10 years earlier or own your own home?

According to a recent survey in the United States, most Americans would rather be homeowners than early retirees.

Here in the sun and fun capital of The Bahamas, it's possible to own — at least temporarily — a home and practise early retirement. Here's how:

Select just the right resort with beach, tennis court, golf options, pool or whatever suits

your holiday fancy. Make an initial — and affordable — payment; understand that there will also be an annual maintenance fee.

From that point on, enjoy a colourful vacation year after year (timeshare condos may be purchased for a period of 10 to 40 years)...endless summers in the Bahamian Isles of Forever June.

As an added attraction you will have a bountiful bargain in the dining department as well.

Clients of the vacation-ownership plan need not dress for din-

Invest Your Vacation Time Wisely



PARADISE HARBOUR CLUB & MARINA

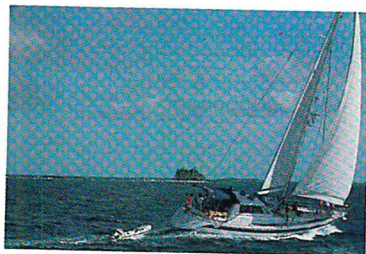
The only vacation club resort on
Paradise Island with these
superlative facilities...

- Private beach club • Private marina
- 70' motor sailer • 50' Bertram
- 5.5 metre racer • Club launch
- Dockside restaurant
- Worldwide RCI vacation
exchange privileges
- Wise Vacation 2,000 Plan for easy
financing

Enjoy extraordinary vacation ownership
benefits year after year in luxurious
designer-decorated apartments over-
looking Nassau Harbour!



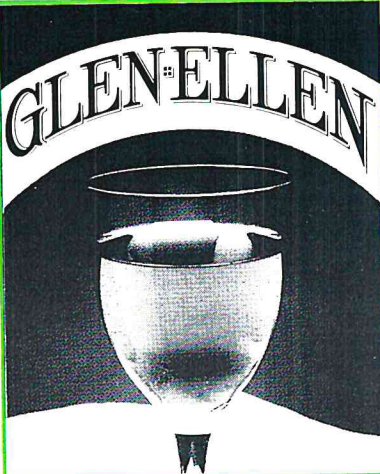
Own a Piece of Paradise!



We treat every guest like a member, so invest your vacation time wisely. Visit or call:

Vacations In Paradise Ltd.

Vacation Club Ownership • Condos & Boatlips for Sale or Rent
Paradise Island Drive, P.O. Box SS-5804, Nassau, The Bahamas
Tel: (809) 363-2992, Fax: (809) 363-2840



**Wholesale
Wines &
Spirits Limited**

"Perfect every time"

ner on a nightly basis. Partake of our plethora of dining establishments, but shop at our roadside stands or supermarkets. Then cook *chez vous*, surrounded by a friend, or two or three, to share the wealth of a vacation-ownership plan.

You save a bundle by taking advantage of the amazing list of options offered by vacation-ownership projects.

For example, suppose you want another beach in another paradise for a change of pace. No problem. In most cases, it is possible to swap and shop. That is to say, exchange your week or two in The Bahamas for a sojourn somewhere else. Of course, once you've had a taste of the Bahama lifestyle, why go anywhere else? 2

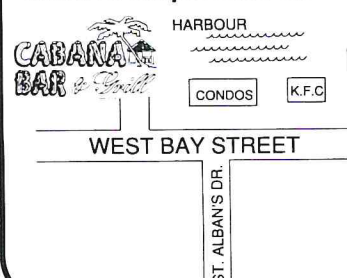


**CABANA
BAR & Grill**

ON THE HARBOUR - WEST BAY STREET

*The place
where good
friends meet.*

Relax at our poolside bar in an informal and friendly atmosphere.



We serve all tropical drinks

FINGER FOODS ARE OUR SPECIALITY

Grouper Fingers • Cracked Conch • Chicken Fingers
Conch Fritters • Butterfly Shrimp and
'Sweet & Spicy' Chicken Wings

DELI SANDWICHES & SALADS

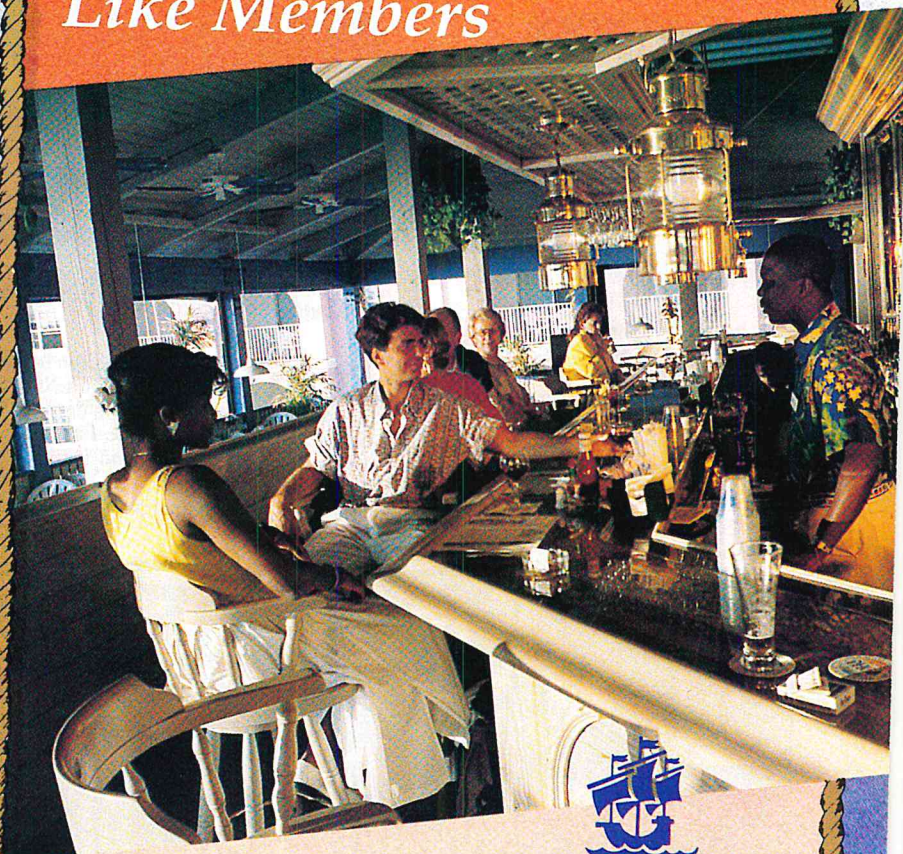
FRESH CONCH SALAD (served on weekends)

Open daily 11 a.m. — 12 midnight

Gratuity *NOT* included

We accept VISA and MasterCard

*We Treat Guests
Like Members*



COLUMBUS TAVERN

Serving breakfast,
lunch and dinner at
Paradise Island's
only harbourfront
restaurant.

Paradise Island Drive,
Paradise Island
P.O. Box SS-5804
Fax: (809) 363-2840

Tel: (809) 363-2534

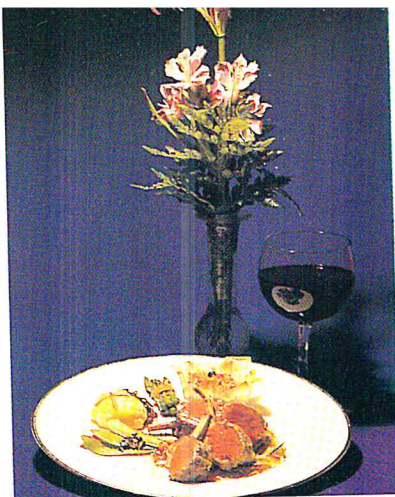


SOUTH, EAST & WEST DINING

The Bahamian Parrot
at Coral Beach Resort
Coral Harbour
☎ 362-1456

1

Have you heard the word? The Bahamian Parrot is the place in Nassau for casual, comfortable, family dining. Enjoy breakfast, lunch or dinner by the sea. Cuisine is Bahamian and Continental. Our \$10.95 Sunday Family Bar-B-Cue Buffet is from 12 noon to 9 p.m. On Sat., in addition to our regular menu



Tropical flowers add exotic flavour to a special meal.

items, we have Native Boiled dishes all day — Boiled Fish, Chicken Souse, Sheep Tongue Souse and Pigs Feet Souse. Open daily Mon. to Fri. from 9 a.m. to 12 midnight. Sat. and Sun. 9 a.m. to 1 a.m. Come on down...we'll save you a seat. Major credit cards accepted.



A Restaurant Truly Bahamian By The Sea
Enjoy delicious seafood, authentic Bahamian dishes and tropical drinks in a beautiful informal atmosphere.

Open Daily: 11 a.m. – 11 p.m.
For Reservations Call: **327-7633**
West Bay Street, Gambier

All Major Credit Cards Accepted

**HOME
OF THE
BANANA
DAIQUIRI**

We invite you
to please
visit

*The
Sea Grape*

A Gift Shop and Boutique
With A Difference!

**2 Ramada South Ocean
Golf & Beach Resort**
South West Bay Rd. (near Lyford Cay)
☎ 362-4391

Papagayo is the place for classic Italian cuisine, seafood and steaks served in a picturesque tropical setting. Enjoy succulent lobster served fifteen ways. The service is impeccable, cuisine is superb and prices are favourable. Sunday Buffet Brunch served from 11 a.m. to 3 p.m. Dress code is semi-formal. Reservations preferred. Open daily from 6 to 10 p.m. Closed Mon. Major credit cards are accepted.

Casuarina features American cuisine with a local flavour. The atmosphere is casual and relaxed. Indoor and outdoor dining. American and Continental breakfast buffet served from 7:30 to 11 a.m. Open daily for breakfast and dinner. Major credit cards accepted.

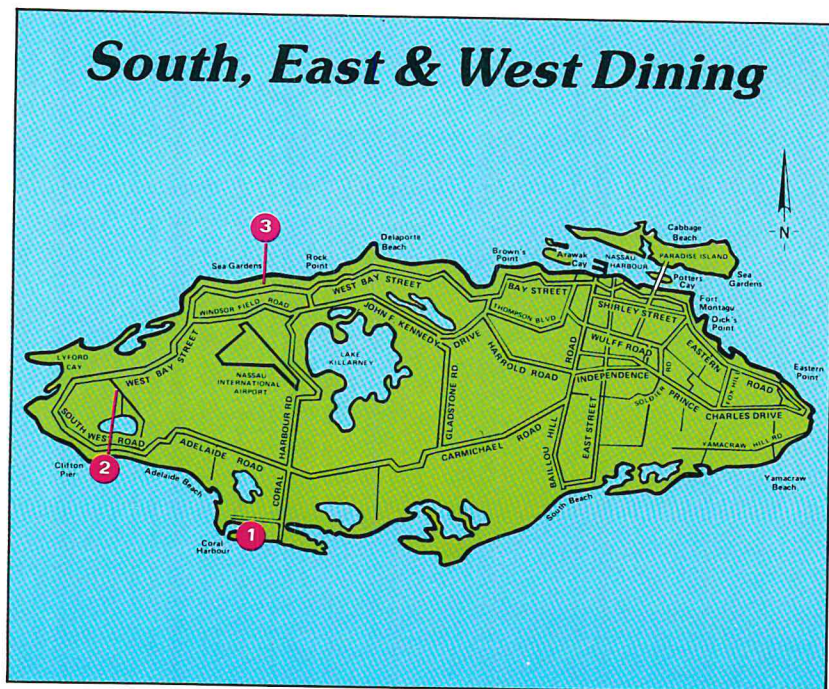
Home-made pizza for lunch at the **Pavilion** on the beach is a must. Also serving tasty snack items including sandwiches and salads. Open daily from 12 noon to 3 p.m. Major credit cards accepted.

Enjoy a Bahamian poolside buffet dinner on Mon. nights 6 to 9 p.m.

Travellers' Rest
West Bay St.,
Gambier
☎ 327-7633

3 Just a few steps from the beach, you'll discover a relaxed atmosphere, delicious seafood, Bahamian cuisine and a spectacular ocean view. You're sure to be impressed with their internationally known Banana Daiquiri and Strawberry Daiquiri. The menu also includes other tasty, tropical drinks. Favourite island dishes include Grouper Fingers, Steamed and Cracked Conch, BBQ Ribs, Fried Snapper, Smothered Grouper, Breaded Shrimp, Curry Chicken, Conch Chowder and Minced Crawfish. Both indoor and outdoor dining. Take out service is available. Arrangements can be made for large groups. Open daily from 11 a.m. to 11 p.m. After dessert, browse around their unique boutique and gift store. Major credit cards accepted. 

South, East & West Dining



MAI-TAI

- Chinese Cuisine
(Cantonese & Szechuan)
- Polynesian Specialities



You will be served delicacies prepared by our
world famous chefs in an atmosphere
of casual elegance.

- Hawaiian Drinks
- Exotic Tastibits

"Mai Tai" in Tahitian means "The Best."

All Major Credit Cards Accepted
Ample Parking • Reservations Suggested

WATERLOO LODGE
EAST BAY STREET
P.O. BOX SS 6361
NASSAU, THE BAHAMAS

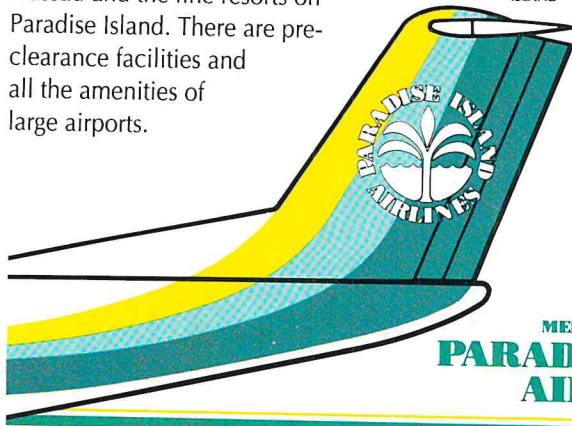
OPEN DAILY
LUNCHEON 11:30 A.M. - 3 P.M.
DINNER 5:30 P.M. - MIDNIGHT
TEL: 393-5106

Also MAI TAI EXPRESS at TOWN CENTRE MALL
Blue Hill Road • Tel: 322-5448

Paradise Island Airlines spreads its wings across Florida and The Bahamas

- Fifty passenger, four engine, modern Dash 7 aircraft.
- Frequent daily nonstops between Miami International Airport, West Palm Beach International Airport, Ft. Lauderdale International Airport, Orlando International Airport and Paradise Island International Airport.
- Services via our very own airport located right on Paradise Island. . . minutes to downtown Nassau and the fine resorts on Paradise Island. There are pre-clearance facilities and all the amenities of large airports.

Call your travel agent today
and ask for rates/schedules
on Paradise Island Airlines,
or call us direct
800-432-8807 (US),
809-363-2845/6 (Nassau).



MERV GRIFFIN'S
**PARADISE ISLAND
AIRLINES**

Rhapsody In Chocolate

*It's Sweet, Sinful...
Simply Irresistible*

Bahamians love sweets — especially chocolate. In fact, chocolate has been popular around the world since the 16th century when Spanish explorers brought the cacao seed to Spain from the New World.

The *Dining Guide* staff has scoured Nassau for the most delectable chocolate dessert. The winning recipe comes from Jeannine Watkins:

CHOCOLATE ROLL

3 eggs, separated
5 tbs. sugar
3 tbs. cocoa
1 tsp. vanilla flavouring
 $\frac{1}{2}$ tsp. almond flavouring
 $\frac{1}{2}$ tsp. ground cinnamon
 $\frac{1}{4}$ tsp. ground nutmeg

cont'd on pg. 76

Chocolate lovers...have we got a dessert for you!



THE BEST PLACE TO DINE IN THE BAHAMAS
IS ON OUR SIDE OF THE ISLAND



Italian Specialties

Freshest of Seafoods

Finest of Steaks

Savour extra-ordinary delights
that will appease the most
discerning palate — all served
in a romantic, elegant setting.



For reservations or information call 362-4391

RAMADA
South Ocean
GOLF & BEACH RESORT

Adelaide Road, South Ocean, Bahamas

Located on South Ocean on the spectacular Joe Lee
Championship golf course.

Just 4 miles from the International Airport & 15 miles
from downtown Nassau.

P.O. Box N-8191, Nassau, Bahamas

Dine in Paradise



THE ROTISSERIE

SHERATON GRAND HOTEL & TOWERS, PARADISE ISLAND

A unique dining experience in an elegant setting overlooking mile-long Paradise Beach. Featuring a new menu with a wider variety of dinner entrées at unprecedented values. Savour pasta, fish, fowl and prime meats. Our meats are prepared to perfection over an open flame. Our mouth watering cuisine created by our award winning executive chef is complemented by the friendliest and most attentive service on Paradise Island. Serving dinner nightly. Located in the Sheraton Grand Hotel & Towers, Paradise Island. Reservations suggested, 363-2011.

**MOUTH
WATERING
Surf & Turf
SPECIAL
\$23.95**



PARADISE ISLAND DINING

See Paradise Island map on page 57
for locations keyed by number, ①

Calypso Cruises

① (Left after crossing Paradise
Is. Bridge)

Paradise Island

☎ 363-3577/8

Call from 9 a.m. to 5 p.m. daily, including Sun., to book the *Calypso I* and *II*. Savour the food and the moonlight — on romantic three-hour dinner cruises of the two Calypsos. There's a band for before and after dinner dancing. The best in beef and fresh seafood are served at dinner time, along with salad, baked potato, vegetables, rolls and a complimentary glass of wine. There are daytime cruises to their very own private island, Blue Lagoon. Dress in casual togs. Dine, dance and romance — that's the way to go Calypso. Both boats offer evening trips beginning at 7 and returning at 10 p.m. The menu for daytime sailings at 10 a.m. (return at 4 p.m.) includes barbecued chicken and ribs with peas 'n rice, macaroni salad, coleslaw and fruit. Complimentary wine and fruit punch are available during the daytime trips.

Columbus Tavern

Paradise Harbour Club & Marina
Cloister Dr.

☎ 363-2534

② Watch the boats on Nassau Harbour from this charming tavern. With a nautical motif, brass fixtures and breezy atmosphere, Columbus Tavern has become *the* place to meet in "par-



*Pasta with pizzazz abounds at
Bahama gourmet restaurants.*

adise". Meals are specially prepared by Chef Joseph. Lobster bisque, Caesar salad, Roast Duck l'orange and glorious grouper are a gastronomic delight. And, the desserts! The soufflé glacier Grand Marnier must be tasted to be believed. Derek Cooper's Bahamian Coffee is the perfect finish to the perfect meal. Had the Columbus Tavern been here in 1492, a certain sailor might never have returned to Spain. Open for breakfast at 7 a.m. Dinner 6 to 11 p.m. Happy Hour Thurs. from 5 to 8 p.m. Reservations recommended. Major credit cards accepted.

The Ocean Club Golf & Tennis Resort

Paradise Island

☎ 363-2222

③ For generations, the **Courtyard Terrace** has been the spot where the elite meet to eat in a romantic, historic and elegant setting-by-the-sea. Men wear jackets during evening hours in this Bahamian Eden with its splashing fountains, European sculpture and tropical plantings. Irish linen and Wedgwood table settings grace the **Courtyard Terrace** for breakfast and dinner and for luncheon at **The Club House**. A guitarist performs during Sun. buffet from

12:30 to 2:30 p.m. (Oct. to May). Lunch from 12 noon to 3:30 p.m.; dinner from 7 to 10 p.m. nightly. The cuisine features both Continental and American specialities. Reservations requested. Jackets required for dinner.

Paradise Island Resort & Casino

Britannia Towers and

④ Paradise Towers, Casino Dr.

☎ 363-2222

Truly a dining paradise! Nestled in tropical flora beside crystal-clear seas are exciting gourmet and ethnic cuisine adventures. Plus! You can revel in the glitz and glamour of a \$2-million Las Vegas-style revue. Also, flirt with Lady Luck in the New World's largest casino outside the continental United States. Tropical decor. Major credit cards accepted.

Bahamian Club. Full Continental menu including Caesar salad and succulent Prime Rib. All in a tasteful ambience of leather, oak and crystal-chandeliered elegance; music. Reservations requested. Jackets required.

The Boat House. A unique dining experience. Relax in an intimate atmosphere while prime steaks and seafood delicacies are cooked on your personal table-side grill. Dress is casual. The cuisine is Continental, and large groups should call ahead for reservations.

Café Casino. Open seven days from 11 a.m. to 3 a.m. Casual dress; take-out service; delicatessen menu and pizza.

Café Martinique. A classic French gourmet restaurant overlooking Paradise Lagoon — Paris in the Tropics. Open nightly. The decor is "Tropical Elegance" and men wear jackets. Piano music. Reservations are requested. Indoor and outdoor dining.

The Coyaba. Cantonese and Szechuan specialities served in a romantic Oriental setting. Dress is casual. Reservations requested of large groups.

The Grill Room. Recommended highly are the charcoal-grilled steaks, and seafood served in an intimate atmosphere. Indoor dining, contemporary decor. Reservations requested.

Gulfstream. Fresh Bahamian and imported seafood at its classic

best. Contemporary surroundings; piano music. Open nightly. Reservations requested.

Seagrapes. Continental, Bahamian and American cuisine. Enjoy a spectacular buffet breakfast, lunch and dinner — daily. Dress is casual.

Spices. Bahamian and Caribbean specialities served. Open daily for breakfast and dinner. Tropical indoor garden setting. Dressy but casual. Soft background music.

The Terrace Garden. Open, breezy setting with Lagoon view as you dine. Breakfast and lunch served daily. Dress is casual.

Villa d'Este. Dine in Italian splendour; feather-light Fettucine Alfredo, mouth-watering Veal Parmigiana. Tempting pastries *à la cart*. Ah, Italia, land of romance and fine dining. Open nightly.

Paradise Pavilion

Paradise Paradise

⑤

☎ 363-2222 or 363-2541

Jimmy Buffet sings about the glories of a "Cheeseburger in Paradise", but **Paradise Pavilion** clients wax ecstatic over the "Famous Paradise 16-oz. T-Bone Steak Platter". It comes complete with baked potato and corn on the cob. There are also seafood and BBQ rib dishes. The view is as spectacular as the food. This is the island's only restaurant "that sits right on the beach and has views of a spectacular sunset and cruise ships entering and leaving Nassau Harbour", Doug Prudden points out. Dress casually — but visitors to **Paradise Pavilion** are required to wear shoes despite sunny, year-round barefoot weather as befits a pavilion in paradise. Enjoy live entertainment nightly except Sun. Daily hours are: breakfast, 8 to 10 a.m.; dinner in the Pavilion, from 6 p.m. until ???

Enjoy casual dining at the **Sunset Bar & Grill**. Adjacent to the Paradise Pavilion, it offers another view of the most spectacular sunset in the Western Hemisphere. Serving luncheon soups, salads, snacks and sandwiches 11 a.m. to 12 midnight. Happy Hour Specials from 4 to 6 p.m. daily. Indoor and outdoor dining. Enjoy live entertainment nightly except Sun.

Sheraton Grand Hotel

Casino Dr.

☎ 363-2011

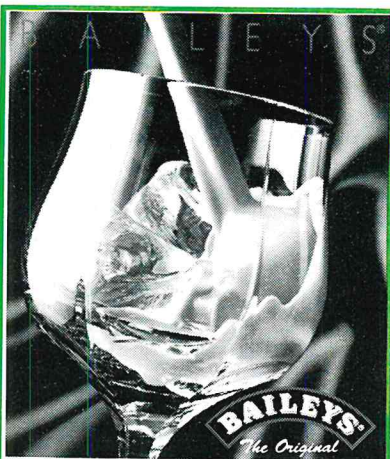
⑥

This charming hotel offers an array of fine dining experiences for every taste and budget. **The Rotisserie** features the freshest game, prime meats, fowl or fish, spit-roasted or grilled on a unique French Rotisserie — specially constructed to bring out the finest natural flavour and aroma.

Special themed buffet-style dinners provide new taste sensations almost every night of the week: Thurs./Bahamian, Fri./Chinese and Sun./Italian.

The Verandah & Terrace with panoramic ocean views, offers more informal dining for breakfast. Bahamian specialties are offered at the **Sundeck Bar and Grille** by the pool. **The Sandbar**, at the beach, is open for light meals and cocktails from 12 noon to 5 p.m. daily. For reservations, call 363-2011.

②

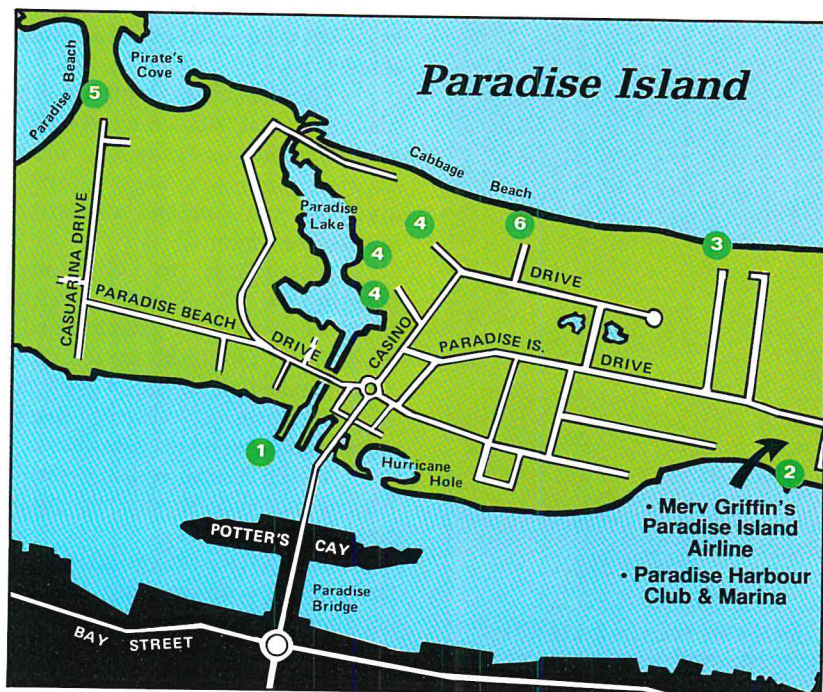


**Wholesale
Wines &
Spirits Limited**

Nassau ----- **\$15.95**

U.S. ----- **\$23.26**

Savings ----- 32%



Joseph Drouhin
CHABLIS



Available on all
Great Wine Lists

*Zimmermann
Braeff*



DISTRIBUTED BY
BURNS HOUSE LIMITED

A Touch of Glass

Savouring Wine

"I can think of no fluid that has changed the course of history more than wine. It is one of our most elegant foods...a source of joy and colour and peace."

— Jeff Smith, author of *The Frugal Gourmet Cooks With Wine*

One of the most important elements (besides the vintage itself, of course) when enjoying wine is the glass in which it is served.

The size and shape of the glass is crucial. According to tradition, there are basically two sizes of wine glasses: a large, goblet-style for red wine and a smaller version for white.

According to Grahame Martin, wine director with Wholesale Wines & Spirits Limited, white wine should be served in a long stemmed, tulip-shaped glass. A short stemmed, goblet-shaped glass is more appropriate for red wine.

Would Martin consider serving red and white wine in the same size glass?

"Only if I were sitting at home alone with my wife...never at a formal dinner party," he says.

It is also important not to

overfill the wine glass. Tim Clarke, wine director with Butler and Sands Company Limited, says a half-full goblet is best. This allows one to swirl the wine around in the glass in order to release its ethers and fully enjoy the aroma. With a large glass, two to three ounces of wine usually produces the best results, he says.

Keep It Simple

"A wine glass should be good quality crystal with a simple pattern," says Richard Byer, sales manager with Burns House Limited. "Something that could be appreciated in a sophisticated, elegant setting."

Also, the thinner and finer the glass, the better.

"This allows the natural colour of the wine to come through," adds Byer.

"It is important to give the wine the best opportunity of showing itself off," says Clarke. "Above all, the glass must be clean...it should glisten."

While a clean glass is important, agrees Martin, it should also have no lingering smell of detergent. He suggests washing wine glasses in hot water or a very mild detergent.

There are many misconceptions about how to serve champagne and sparkling wine. The flat sorbet-style glasses are out. Fluted glasses allow the bubbles to be trapped longer, adding to the flavour and the fun of this festive drink. Good champagne glasses also have a rough part on the inside bottom to perpetuate the bubbling.



CHAMPAGNE BOLLINGER SPECIAL CUVÉE



Available on all
Great Wine Lists

White Grenache

*The Reserve
Cellars of
Ernest &
Julio Gallo*
California.



DISTRIBUTED BY
BURNS HOUSE LIMITED

Chart Your Course



RESTAURANT	HOTEL	LOCATION	TEL. NO	RES.
Buena Vista	Buena Vista Hotel	Delancy St.	322-2811	Yes
Café Montagu	Montagu Beach Inn	E. Shirley St.	393-0475	Sug.
Captain Nemo's		Deveaux St.	323-8426	No
Coconuts		East Bay St.	325-2148	Sug.
Debbie's Frozen Island Yogurt		Elizabeth Ave.	325-4167	No
Double Dragon	Bridge Plaza Commons	East Bay St.	393-5718	No
East Villa Restaurant		East Bay St.	393-3377	Sug.
Green Shutters Pub		Parliament St.	325-5702	No
Le Shack		East Bay St.	325-2148	No
Pick-A-Dilly	Parliament Inn	18 Parliament St.	322-2836/7	No
Pizza Hut		Mackey St.	393-7291/2	No
Poop Deck		East Bay St.	393-8175	Sug.
Prince George Dockside Rest.		Bay St.	322-5854	Preferred
Shoal Restaurant		Nassau St.	323-4400	Lrg. Grps.
Shooters Bar & Grill		East Bay St.	393-1108	No
Sun And...		Lakeview Dr.	393-1205	Yes
Sweetums		Mackey St.	393-3082	No
Tamarind Hill		Village Rd.	393-1306	Sug.
VIP Chinese Rest.		Bay & Deveaux	322-1599	No

The Bahamian Parrot	Coral Beach Resort	Coral Harbour	362-1456	No
Casuarina	Ramada South Ocean	S.W. Bay Rd.	362-4391	Sug.
Papagayo	Ramada South Ocean	S.W. Bay Rd.	362-4391	Preferred
Pavillion	Ramada South Ocean	S.W. Bay Rd.	362-4391	No
Travellers' Rest		West Bay St.	327-7633	Preferred

NASSAU & INLAND SOUTH, EAST & WEST



B	L	D	CREDIT CARDS	CUISINE	DRESS	DAYS OPEN	ENTERTAINMENT
		•	Yes	Continental	Jackets	7 Days	Piano Music
		•	No	Chinese/Continental	Casual	7 Days	Live Band
		•	Yes	Bahamian/American	Casual	7 Days	Live Band
		•	Yes	Steak/Seafood	Casual	7 Days	No
•	•	•	No	Yogurt/Snacks/Sandwiches	Casual	Closed Sun.	No
	•	•	Yes	Chinese	Casual	7 Days	No
	•	•	Yes	Chinese/Continental	Informal	7 Days	No
	•	•	Yes	English Pub Fare	Casual	7 Days	Music
	•	•	Yes	Steak/Seafood/Burgers	Casual	7 Days	Live Band
	•	•	Yes	Seafood/Continental	Casual	Closed Sun.	Live Band
	•	•	Yes	Italian	Casual	7 Days	No
	•	•	Yes	Bahamian/American	Casual	7 Days	No
•	•	•	Yes	Seafood/Greek/Continental	Casual	Closed Sun.	Live Band
•	•	•	Yes	Native	Casual	7 Days	No
	•	•	Yes	Sandwiches/Finger Foods	Casual	Closed Mon.	Live Band
	•	•	Yes	Continental	Jackets	Closed Mon.	Soft Music
•	•	•	No	Bakery	Casual	Closed Sun.	No
	•	•	Yes	Bahamian/Continental	Casual	7 Days	Live Guitar Music
	•	•	Yes	Chinese	Casual	7 Days	No

•	•	•	Yes	Bahamian/American	Casual	7 Days	No
•	•	•	Yes	American/Bufet	Casual	7 Days	Soft Music
	•	•	Yes	Italian/Seafood/Steaks	Casual	Closed Mon.	Soft Music
	•	•	Yes	Pizza/Pastries/Sand./Salads	Casual	7 Days	No
	•	•	Yes	Bahamian	Casual	7 Days	No

B = Breakfast; L = Lunch; D = Dinner

Chart Your Course



RESTAURANT	HOTEL	LOCATION	TEL. NO	RES.
Cabana Bar & Grill		Cable Beach		No
Café de Paris	Le Meridien Royal Bahamian	Cable Beach	327-6400	No
Crystal Cay Café	Carnival's Crystal Palace	Cable Beach	327-6200	No
Crystal Sweets	Carnival's Crystal Palace	Cable Beach	327-6200	No
Goombay Mama	Carnival's Crystal Palace	Cable Beach	327-6200	Yes
Le Grille	Carnival's Crystal Palace	Cable Beach	327-6200	Yes
The Hamak	Le Meridien Royal Bahamian	Cable Beach	327-6400	No
Oriental Palace	Carnival's Crystal Palace	Cable Beach	327-6200	Sug.
The Palace Theatre	Carnival's Crystal Palace	Cable Beach	327-6200	Yes
Pizza Hut		Cable Beach	327-7293/6	No
Rock n Roll Café		Cable Beach	327-7639	No
Seaside Buffet	Carnival's Crystal Palace	Cable Beach	327-6200	Sug.
Skyline Café & Deli		Cable Beach	327-6936	No
Sole Mare	Carnival's Crystal Palace	Cable Beach	327-6200	Sug.
Bahamian Club	Britannia Towers	Paradise Is.	363-2222	Sug.
The Boat House	Opp. Britannia Towers	Paradise Is.	363-2222	Sug.
Café Casino	In Casino	Paradise Is.	363-2222	No
Café Martinique	Opp. Britannia Towers	Paradise Is.	363-2222	Sug.
Calypso Cruises		Paradise Is.	363-3577	Yes
Columbus Tavern	Paradise Harbour Club & Marina	Paradise Is.	363-2534	Sug.
Courtyard Terrace	Ocean Club	Paradise Is.	363-2222	Dinner
Coyaba	Britannia Towers	Paradise Is.	363-2222	Sug.
Grill Room	Paradise Towers	Paradise Is.	363-2222	Sug.
Gulfstream	Paradise Towers	Paradise Is.	363-2222	Sug.
Le Cabaret	In Casino	Paradise Is.	363-2222	Yes
Paradise Pavilion	Paradise Paradise	Paradise Is.	363-2541	No
The Rotisserie	Sheraton Grand	Paradise Is.	363-2011	Sug.
Seagrapes	Paradise Towers	Paradise Is.	363-2222	No
Spices	Britannia Towers	Paradise Is.	363-2222	Sug.
Sunset Bar & Grill	Paradise Paradise	Paradise Is.	363-2222	No
Terrace Garden	Britannia Towers	Paradise Is.	363-2222	No
Verandah Terrace	Sheraton Grand	Paradise Is.	363-2011	No
Villa d'Este	Britannia Towers	Paradise Is.	363-2222	Sug.

CABLE BEACH & PARADISE ISLAND



B	L	D	CREDIT CARDS	CUISINE	DRESS	DAYS OPEN	ENTERTAINMENT
	*	*	No	Bahamian	Casual	7 Days	Soft Music
*		*	Yes	French Gourmet	Jackets*	7 Days	No
*		*	Yes	American	Casual	7 Days	No
*	*	*	No	Bakery/Ice Cream	Casual	7 Days	No
	*	*	Yes	Bahamian	Casual	7 Days	No
	*	*	Yes	Steakhouse	Jackets	Closed Sun.	Band
	*	*	Yes	French Gourmet	Casual	7 Days	No
	*	*	Yes	Chinese	Informal	Closed Tues.	No
	*	*	Yes	Riviera-Style	Casual	Closed Thurs.	Live Show
	*	*	Yes	Italian	Casual	7 Days	No
	*	*	Yes	American	Casual	7 Days	Music
*	*	*	Yes	Buffet	Casual	7 Days	No
*	*	*	Yes	Int'l/Gourmet/Deli	Casual	Closed Sun.	Soft Music
		*	Yes	Gourmet Italian	Jackets	Closed Mon.	Strolling Guitarist
		*	Yes	Continental	Jackets	7 Days	Music
		*	Yes	Continental	Casual	7 Days	Soft Music
*	*	*	Yes	Delicatessen	Casual	7 Days	No
	*	*	Yes	French Gourmet	Jackets	7 Days	Piano Music
	*	*	No	Bahamian/American	Casual	7 Days	Live Band
*		*	Yes	Bahamian/Seafood	Casual	7 Days	Live Entertainment
*		*	Yes	Continental	Jackets*	7 Days	Strolling Guitarist
		*	Yes	Cantonese/Szechuan	Casual	Closed Mon.	Soft Music
		*	Yes	Continental	Casual	Closed Wed.	Soft Music
		*	Yes	Seafood	Informal	7 Days	Piano Music
		*	Yes	Continental	Informal	Closed Sun.	Live Show
*	*	*	Yes	Bahamian/American	Casual	7 Days	Live Entertainment
	*	*	Yes	Gourmet	Jackets	7 Days	Strolling Guitarist
*	*	*	Yes	Buffet	Casual	7 Days	No
*	*	*	Yes	Bahamian/Caribbean	Casual	Closed Thr. Eve.	Soft Music
*	*	*	Yes	Soups/Salads/Sandwiches	Casual	7 Days	Live Band
*	*	*	Yes	Buffet/Continental	Casual	7 Days	No
*		*	Yes	American	Casual	7 Days	No
	*	*	Yes	Italian	Informal	7 Days	No

B = Breakfast; L = Lunch; D = Dinner

* Jackets Dinner Only

SHOWTIME & ENTERTAINMENT

Nassau & Inland

**Buena Vista
The Vintage Club**
Delancy St.

☎ 322-2811 or 322-4039

Featuring Paul & Tanya Hanna performing Traditional Standards, Calypso, Contemporary and Jazz Music. Open daily (except Sun.) 6 p.m. to 12 midnight. Three shows nightly from 8 p.m. to 2 midnight. Tues. through Sat.

**Captain Nemo's
Dockside Bar & Restaurant**
Deveaux St. Dock, off Bay St.

☎ 323-8426 or 323-8394

Local bands entertain you with a variety of reggae, calypso and rock

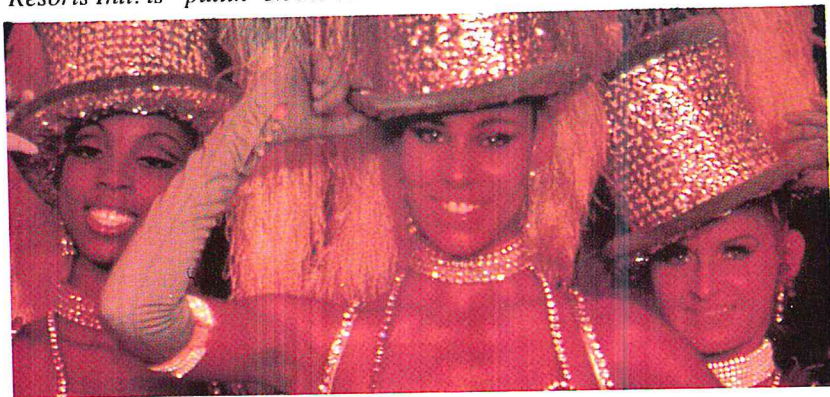
every Fri. and Sat. nights, 7:30 to midnight. Happy Hour 5 to 7 p.m. every Fri. Free hors-d'oeuvres buffet. Popular submarine races take place once a month. Fifty miniature inflatable subs are released up harbour and race down to Captain Nemo's. The first sub to reach is a winner and you will be, too, if you are holding the lucky winning sub's number. There is always something to entertain you at Captain Nemo's.

**Coconuts
Home of Le Shack**
East Bay St.

☎ 325-2148

Enjoy evening jazz sessions listening to the cool tunes of the islands' hottest jazz band, Pneuma. Pneuma can be heard Wed. to Sat., 8 p.m. to 12 midnight; Sun., 7 to 11 p.m. It's the sweetest jazz this side of Birdland!

Resorts Intl. is "puttin' on the ritz".



Paradise Pavilion



Casual Dining On Beautiful Paradise Beach

Paradise Pavilion features fabulous steaks, ribs and seafood in an outdoor setting overlooking world-famous Paradise Beach.

It's the only restaurant in Nassau or on Paradise Island where you can watch the sunset!
Open late-night from 6 p.m.

THE SUNSET BAR & GRILL

adjacent to Paradise Pavilion.
For another view of the most spectacular sunset in the Western Hemisphere, come celebrate with happy hour specials from 4 to 6 p.m. daily.



For reservations, call 363-2222.

Pick-A-Dilly At The Parliament

18 Parliament St.

☎ 322-2836/7

Situated just paces from Bay St. At this charming island eatery, you're in for lots more than irresistible treats — there's entertainment, too. Stop by for lunch. Every Wed. at 1:15 p.m. view the latest fashions from Girls From Brazil. For your listening and dancing pleasure there's Night Watch performing every Wed., Fri. and Sat. nights.

Shooters Bar & Grill on the Water

East Bay St.

(located at Waterloo Lodge)

☎ 393-1108

The fun spot to meet with friends and enjoy the latest sounds played from an original Wurlitzer juke box. All your favourite bar drinks and tasty nibbles from the grill are served until 2 a.m. Join the latest craze and sing your favourite song on their Karaoke machine. Happy Hour from 4 to 7 p.m. daily. Open daily from 11:30 a.m. to 4 a.m. See you there.



 Wholesale
Wines &
Spirits Limited

Tamarind Hill Restaurant & Music Bar

Village Rd.

☎ 393-1306

Acoustic guitar duo David Graham and Tim Deal set the easy mood with old-time calypso melodies and soft rock music to complete your dining experience. Enjoy the popular tunes of James Taylor, Simon & Garfunkel and Cay Gottlieb every Wed., Fri. and Sat. nights from 7 p.m. until midnight.

Cable Beach

Carnival's Crystal Palace Resort & Casino

Cable Beach

☎ 327-6200

For exciting fun and games, visit Crystal Palace's glittering 35,000 square-foot casino. Enjoy Big Six, blackjack, craps, roulette, baccarat and slots. Slot machines are open 24 hrs.; gaming is from 10 a.m. until 4 a.m. Then practise the latest steps or invent a few new ones at **Fanta-Z**, the glittering disco by the sea. **The Stage Lounge** is a popular place to relax and enjoy your favourite cocktail. **The Casino Bar** is an action-packed meeting place in the casino. At the **Lobby Bar** you're sure to enjoy sipping cocktails under the starlight. They serve everything from dry martinis to cool rum runners.

Le Meridien Royal Bahamian

West Bay St.

☎ 327-6400

Nassau's only *Sunday Jazz Brunch* is at Café de Paris. Experience an International approach to a soft jazz brunch. Featuring a 40-foot long buffet table of mouth-watering dishes such as smoked salmon, an array of salads, roast beef and sinfully delicious desserts. Join them from 11:30 a.m. to 3 p.m. for \$24 (plus gratuity) per person — includes a complimentary Champagne Mimosa.

Entertainment, cont'd on pg. 72

The Shape of Things to Come . . .

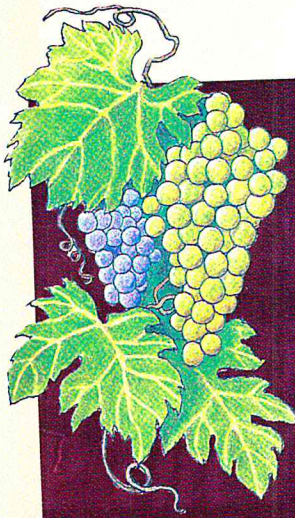
- Non-Carbonated
- Sodium free
- 12 oz. six pack
- 1.5 litre
- 1 gallon
- 5 gallon

it's Soooo good!!

- International Bottled Water Assoc.
- Water Quality Assoc.
- Pacific Water Quality Assoc.
- Florida Bottled Water Assoc.



Bernard Road, P.O. Box SS-6244
Tel: (809) 393-1904/5 or 393-1103



Wine Cellar

MOSEL-SAAR-RUWER



WHIT MOSEL WINE 1991
Piesporter Goldtröpfchen Kabinett
Riesling - Qualitätswein mit Prädikat
Produkt Germany A. 1.10 - 1.10 on the 10
Imported by Bahamas Glendens Ltd., Nassau, Bahamas
Bottled by Zimmerman-Graeff GmbH & Co. KG, Wiesbaden, D-5802 Zell, am Rhein

PIESPORTER GOLDTROPFCHEN KABINETT

Zimmerman Graeff

Made from 100% Riesling grapes. This wine is produced in the village of Piesport on the Mosell River. It is low in alcohol as compared to French, Italian or American table wines. Particularly good with seafood and white meat.

Joseph Drouhin

RECOLTE DU DOMAINE
CHABLIS



APPELLATION CONTRÔLÉE
NOM DÉPOSÉ PAR
JOSEPH DROUHIN

MAISON FONDÉE EN 1820
RÉGULIÈREMENT AGRÉÉE, CULTURE

ALL CALIFORNIA HAS ROSE DE FRANCE ET ROSE DE CHAMPAGNE
THE CELLARS WINESHOPS LTD., NASSAU, BAHAMAS

CHABLIS

Joseph Drouhin

Made from 100% Chardonnay grapes, this is one of the world's finest white wines. Joseph Drouhin is internationally recognized as a "house of quality". This light, dry wine is perfect with seafood, chicken and a variety of Bahamian dishes.

CHAMPAGNE
BOLLINGER
SPECIAL CUVÉE
BRUT

PRODUCE OF FRANCE
100% REBOTTLED IN FRANCE

CHAMPAGNE SPECIAL CUVÉE BRUT

Bollinger

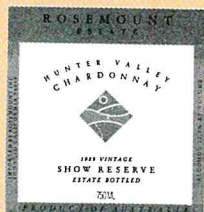
This is the *coup de resistance* for any special occasion. Strong, long-lasting bubbles characterize this aristocratic champagne. The taste is fresh and mild. One of the finest Bruts.



WHITE GRENACHE

Ernest & Julio Gallo

This blush white wine from California is bright and lively. It's sweet and smooth with a subtle berry-like taste. One of the most requested wines in The Bahamas. Superb with seafood and all white meats.



CHARDONNAY

Rosemount Estate

This white wine has a lovely, spicy aroma with a hint of vanilla. It is quite flavourful with buttery nuances. It is a complex wine with an excellent oak balance. Superb complement to seafood and chicken.



SAUVIGNON BLANC

Sutter Home

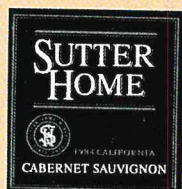
A crisp, dry white wine with fresh, melon-like aroma and a fresh, fruity flavour. Excellent on its own or with a fresh Bahamian conch salad, poultry or game.



SEMILLON CHARDONNAY

Rosemount

A ripe, full-bodied wine that is well-polished and ready-to-drink. It is made by South Eastern Australia Vineyards and is light and very refreshing to drink. Excellent with a variety of seafoods and white meat.



CABERNET SAUVIGNON

Sutter Home

This California wine is soft and fruity. It has just enough plum, cherry and currant notes to give it depth. It is a ready-to-drink wine with backbone and flavour. Wonderful with chicken or beef.

BAHAMAS

Handbook



AN ETIENNE DUPUCH JR.
PUBLICATION

FUN AND PROFIT

Over 520
Pages Richly
Illustrated

500th
ANNIVERSARY
COLLECTOR'S

EDITION

Bahamas Columbus'
First Landfall

**Everything
you need to know
about living, doing
business & vacationing
in the income tax-free
Bahamas**

\$19.95

Special price in The Bahamas

AVAILABLE AT NEWSSTANDS, STORES OR BY MAIL ORDER FROM:
Etienne Dupuch Jr. Publications, Box N-7513, Nassau, The Bahamas

What the press has said about previous editions

"Virtually every Bahamas topic from yachting and fish catching to the art of setting up a multi-million dollar tax-free corporation..."

The Miami Herald

"The scope of topics is fabulous...A slickly packaged kaleidoscope of colorful and irresistible reading..."

The New Haven Register

"...enough information to make you an expert..."

The Financial Post, Canada

**Forward BAHAMAS HANDBOOK at your
Bahamas price of U.S. \$19.95 plus postage* to:**

NAME _____

ADDRESS _____

COUNTRY _____ **ZIP** _____

Etienne Dupuch Jr. Publications, Box N-7513, Nassau, The Bahamas

*Add Airmail: U.S.A., \$6.40; CANADA, \$6.80; BRITAIN, \$11.65.

Calculated weight of book packaged, two lbs.

The Palace Theater
Carnival's Crystal Palace Resort
& Casino

☎ 327-6200 Ext. 6861

Jubilation, a spectacular Las Vegas-style production, features a dazzling combination of dancing, singing, music, comedy and illusion. The production is highlighted with spectacular costumes and state-of-the-art special effects. Open nightly except Thurs. Dinner is served at first seating only. Call for showtimes and reservations.

Rock n Roll Café
Firilsham House, Cable Beach
☎ 327-7639

If you're looking for a place to Rock Around The Clock...this is the place to be! The Rock n Roll Café plays your favourite hits from the 1950s to the 90s. Elvis is spotted here several times a night. The Rolling Stones, too! While you're tapping your toes to these vintage tunes, check out the walls of this café...they're covered with Rock memorabilia including old photos, guitars, gold records and more. You're guaranteed to have Fun, Fun, Fun until the early hours. Happy Hour 4 to 7 p.m. daily. Open Mon. to Sat. 12 noon to 2 a.m.; Sun. 4 p.m. to 2 a.m.

Paradise Island

Sheraton Grand Hotel
Casino Dr.
☎ 363-2011

Plumes is located in the main lobby. Serving tropical drinks with live piano music for your listening pleasure. Happy Hour with reduced drink prices 5 to 9 p.m., daily. Open daily from 4 p.m. to 12 midnight.

Le Cabaret
Paradise Island Casino
☎ 363-3000

Star Struck is a multi-million dollar extravaganza currently on stage at fabulous Le Cabaret Theatre. The Vegas-Broadway-Parisian style revue features beautiful show girls, glittering sets, stunning costumes and astounding



Challenge Lady Luck in Bahama casinos.

magic. Enjoy dinner during the first seating. Showtimes vary, please call for details; closed Sun.

Paradise Island Resort & Casino
Casino Dr.
☎ 363-3000

In addition to Le Cabaret Theatre, the resort features 11 exciting bars and entertainment lounges. Disco music and a fascinating light show are featured nightly at **Club Pastiche** — the most exciting spot for non-stop disco dancing. During dinner hours, enjoy romantic music at **Café Martinique** (and dancing), **Bahamian Club**, and **The Gulfstream**.

The Casino, one of the largest in the Caribbean, features slot machines, blackjack, baccarat, roulette, Big 6 wheels and craps. Slot machines are open 24 hours. Gaming is from 10 a.m. daily. Gaming lessons are available. 

U.S. CITIZENS
TAKE HOME
\$600
WORTH OF GOODS
DUTY FREE

After Out of U.S. 48 Hours
Also Exemptions for Other Nationalities

Courtyard Terrace



Enjoy Fine Dining Under The Stars

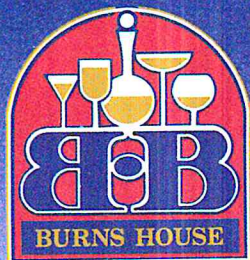
Beginning at twilight,
continental cuisine is served in a
romantic alfresco setting.

Lighted fountains, tropical foliage and
a Calypso combo set moods calm and exotic.

Reserve a table at the
Ocean Club's Courtyard Terrace.
Join us for dinner under the stars
or for our lavish Sunday lunch.



For reservations, call 363-2222.



The **DUTY FREE**

U.S. CUSTOMS
NOW ALLOWS
EACH ADULT
TO TAKE HOME
2 BOTTLES
PER PERSON
DUTY-FREE!

- Ole Nassau
- Glenfiddich
- Grants
- Babancourt
- Caton Brandy
- Frangelico
- Sauza Tequila
- Wyborowa
- Tio Pepe

- Malibu
- Vat 19 Rum
- Popov Vodka
- Croft Sherry
- Bols Cordials
- CSR Pure Cane Spirit
- Smirnoff Vodka
- Gilbey's Gin

RUM KEG, Lyford Cay Shopping Centre, 362-4287

BURNS HOUSE LTD., Cable Beach Shopping Centre, 327-7909

BURNS HOUSE LTD., East & Bay Sts. (near John Bull), 322-8843

CAPTAIN'S CABIN, East Bay Shopping Centre, 393-2812

CELLARS WINESHOP LTD., Bay & Charlotte Sts., 322-4164

THOMPSON BROTHERS LTD., Out Island Traders Bldg., East Bay St., 393-1961

BETHELL ROBERTSON, Shirley St. & Collins Ave.

BURNS HOUSE LTD., Pilot House Hotel, East Bay St., 393-3431 or 393-3930

lowest

**FREE
GIFTS!**



- Cutty Sark
Scotch
- Remy Martin
- Mount Gay Rum
- Chambord
- Sambuca
Romana
- Galliano
- Famous Grouse

- Black Velvet
Scotch
- Windsor
Canadian
- Dekuyper
Cordials
- Cointreau
- Black Label
Rum

ASK ABOUT
OUR
CONVENIENT
Carry-Home
Packs! They're
designed with a
durable handle
and carry your
choice of 2, 4 or
5 bottles. KALIK
GIFT BOXES
ARE ALSO
AVAILABLE!

GREENE'S LIQUOR STORE, East Shirley St. (near Mackey), 393-6474

CELLARS WINESHOP LTD., Best Western British Colonial Hotel

BURNS HOUSE LTD., Marlborough St.

ESQUIRE LIQUOR STORE, Marlborough St., 322-8980

THOMPSON BROTHERS LTD., Bay St. (opp. Ministry of Tourism), 322-2543

KERLAND LTD., Bay St., 322-3172

OLD RUM SHOP, Bay St. (next to Ministry of Tourism)

PARADISE WINES & SPIRITS, Paradise Island Shopping Centre, 363-2272

Chocolate, cont'd from pg. 52

Set oven at 350°. Grease an 8-inch square cake pan and line with greased waxed paper.

Beat egg yolks with a whisk or electric beater until they are light. Beat in the sugar 1 tb. at a time, beating well after each addition. The mixture should be very creamy.

Stir in cocoa, vanilla and almond flavouring, the ground cinnamon and nutmeg. Beat egg whites until they are stiff. Fold them gently into the cocoa mixture. Spoon into pan.

Bake for 25 minutes or until cake shrinks away from the sides of the pan. Cool for 5 minutes. Remove cake from pan and peel off waxed paper.

Bring two sides together, rolling in tea towel, to form a roll. Set aside to cool.

COCOA PECAN WHIPPED CREAM FILLING

1½ cups heavy cream

¼ cup sugar

2 tbs. cocoa

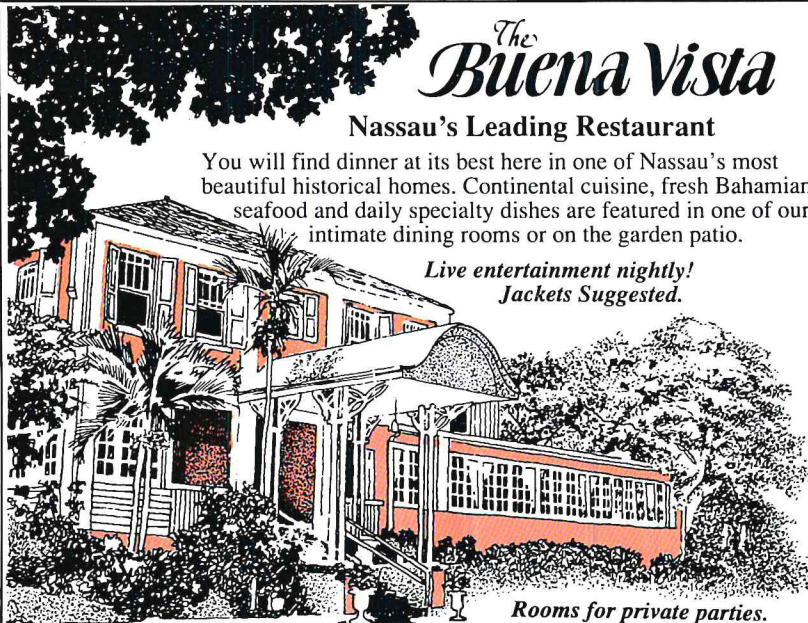
½ tsp. vanilla flavouring

2 tbs. chopped pecans

Mix — do not whip — together in a bowl the cream, sugar, cocoa and vanilla flavouring. Chill the bowl in the refrigerator for 2 hours. Whip the mixture until it holds its shape; do not overwhip.

Spread ½ the filling in the middle of the cooled cake. Bring the two sides together to form a roll. At serving time cover the roll with the remaining whipped cream mixture and sprinkle with the pecans.

Makes 4 to 6 servings.



The
Buena Vista

Nassau's Leading Restaurant

You will find dinner at its best here in one of Nassau's most beautiful historical homes. Continental cuisine, fresh Bahamian seafood and daily specialty dishes are featured in one of our intimate dining rooms or on the garden patio.

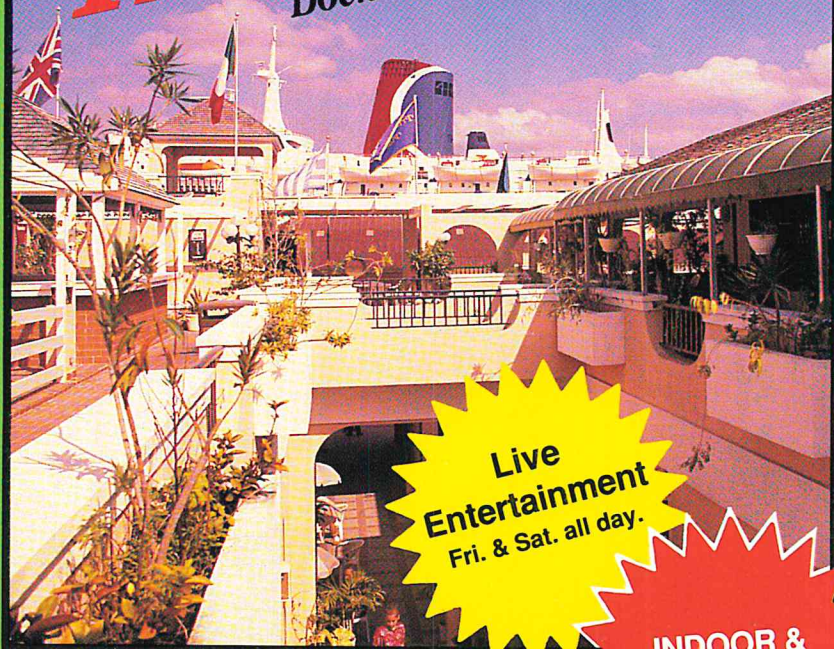
*Live entertainment nightly!
Jackets Suggested.*

Rooms for private parties.

Delancy Street. Dinner from 7 p.m. For Reservations call :
Tel:322-2811 or 322-4039. All major credit cards accepted.

Prince George

Dockside Restaurant



Live
Entertainment
Fri. & Sat. all day.

INDOOR &
OUTDOOR
DINING

**NASSAU'S
TROPICAL SPLENDOR**
with a spectacular harbour view.

*Specializing in Seafood, Greek, Bahamian
& Continental Cuisine*

Variety of Pizza & Pasta also served.

Full Bar Service — tropical drinks, wine & more

Reservations recommended, casual dress

Open Mon. — Sat.

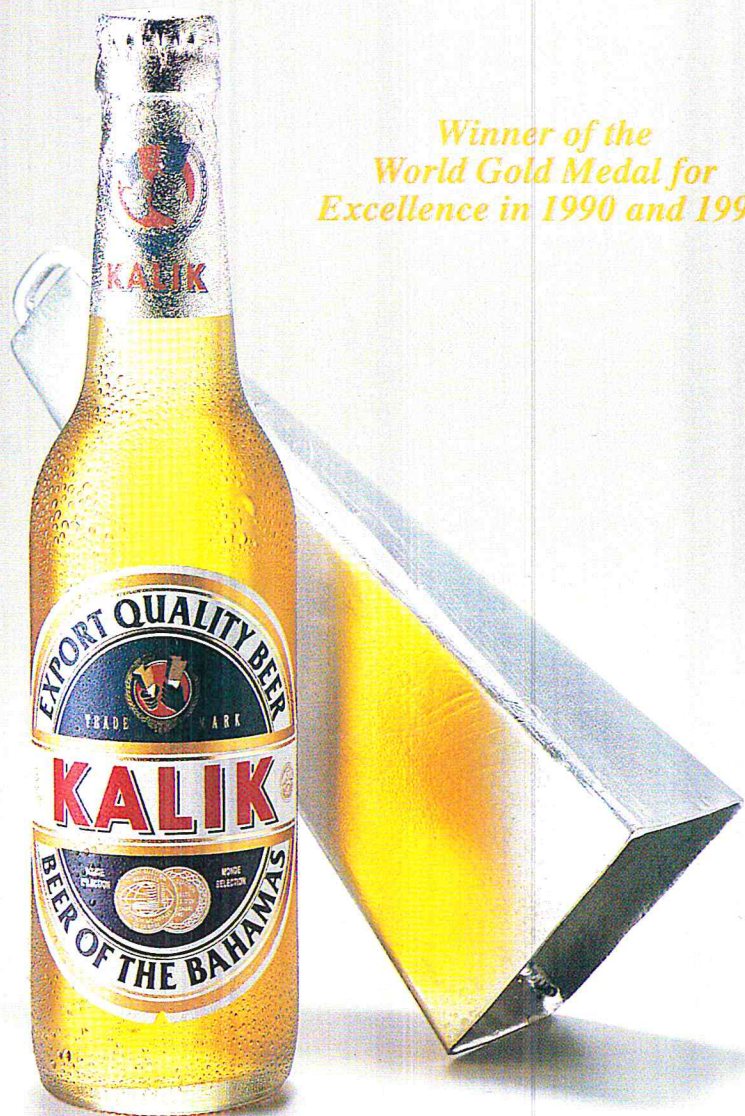
Upstairs, Prince George Plaza, Bay St.

Tel: 322-5854

MAJOR CREDIT CARDS ACCEPTED

Gold Medal Quality

*Winner of the
World Gold Medal for
Excellence in 1990 and 1991*



The Beer of The Bahamas

**The international symbol
of premium quality**



**Get out and taste the world.
Taste Heineken.**

BAHAMAS
NOW OFFERS
DUTY-FREE
SHOPPING
ON THESE
ITEMS